

ADRC E-Newsletter July, 2016



Pierce County
Community Connections

The ADRC E-Newsletter may also be viewed as a PDF at www.PierceADRC.org "News & Events."

NETWORKING OPPORTUNITIES

Aging and LTC Providers Network

First Thursday of each month, 8 – 9 a.m.
Lighthouse Senior Center, 5016 E. "A" Street, Tacoma
Contact [Bob Riler](#), ADR, 798-7384

July 7 – No meeting

Aug 4 – "Living with Vision Loss" with Hongda Sao, ADRC, and Tyler Kaye, WTBBL

Health Care Providers Council of Pierce County

Second Thursday of each month, 7:30 – 9 a.m. (Breakfast ends at 8am)
Narrows Glen, 8201 Sixth Ave, Tacoma
(Breakfast \$6; Coffee \$2)
Contact [Joan Engle](#) at (253) 627-3833

July 14 – "Stress & Aging" with Sherry Lebed Davis

Aug 14 – Networking

East County Providers Network

Third Tuesday of each month, 8 a.m.
Location varies monthly
Contact [Laura Fehrenbacher](#), Stafford Suites, (253) 862-1818

SASH Coffee and Networking

Tacoma - First Wednesday of each month, 8:30 – 10 a.m.
July 6 – La Quinta Inn (Ports of Call Restaurant), Tacoma, 1425 E. 27th St.
Puyallup - Fourth Wednesday of each month, 9:00 – 10:30 a.m.
July 27 – Willow Gardens, 4502 6th St., SE, Puyallup
Contact [Rebecca Bomann](#) at (206) 501-4375

South End (King County) Coalition

Third Wednesday of each month at 7:45 – 9:30 a.m.
July 20 – Regency of Auburn, 414 17th Street SE, Auburn
Schedule of meeting locations and times at www.secoalition.com

Aging Smart – Gig Harbor

Third Thursday of each month at 9 – 10 a.m.
Harbor Place - Dining Room, 1016 29th St NW, Gig Harbor
Call (253) 509-2340 or [e-mail](#) for Aging Smart info or relocations

LOCAL SERVICES

Report Outlines Need for Accommodations for Inmates with Disabilities

As many as 31 percent of U.S. inmates in state prisons report having at least one disability. Inmates with disabilities often spend more time in prison, under harsher conditions, than inmates without disabilities. Today, the Amplifying Voices of Inmates with Disabilities (AVID) Prison Project (a project of Disability Rights Washington) released [the report, "Making Hard Time Harder"](#). This report outlines the

lack of accommodations for inmates with disabilities across 21 states. The report includes case summaries in which essential mobility devices, such as wheelchairs and walkers, were taken from inmates.

Paint Tacoma-Pierce Beautiful

Preserve affordable housing; Beautify communities; Help neighbors in need. Each year hundreds of volunteers of all ages are needed to paint the exterior of the homes of low-income homeowners during the summer months. It is a wonderful opportunity for people to come together and help serve community members in need as a team. 27 homes need to be prepped and painted. Groups and/or individuals (all ages) are welcome. Just complete the crew form at www.paintbeautiful.org. Contact Wendy Morris at Associated Ministries, (253) 383-3056 ext. 117 or wendym@associatedministries.org.

Jury Finds Caregiver Guilty of Murder

A jury found Larry Lee, 51, guilty of Murder in the Second Degree for the death of Philip Carter, 59. Carter was admitted to Good Samaritan Hospital after Lee, his caregiver, had found him unresponsive. Carter was treated for several large and deep bed sores, the worst of which was 8 x 13 inches and went down to the bone. Before Carter's admission to the hospital, the sores had been packed with paper towels. Lee's failure to treat the sores properly or seek medical care resulted in a serious infection that caused Carter's death within hours of arriving at the hospital. [Read more.](#)

SHIBA Faces Cuts

The Senate Appropriations Committee has approved a bill that completely eliminates all funding for the State Health Insurance Programs (SHIP). Washington State's version of that program is SHIBA – Statewide Health Insurance Benefits Advisors. This cut would dismantle the only program that provides free, unbiased, one-on-one Medicare coverage and benefits counseling to older adults, people with disabilities and their families. The National Association of Area Agencies on Aging (N4A) is encouraging a grassroots movement to [educate senators and representatives](#) on the importance of SHIP funding to provide needed assistance. The [Medicare Rights Center is also urging congressional action](#).

Medicare Training for Advocates

The 2016 CMS National Training Program (NTP) Workshop will be held in Seattle August 23-24. This workshop provides an opportunity for Medicare partners and stakeholders to learn about CMS' programs. [Registration for the 2016 Seattle workshop is now open online](#). There will be no charge to you for the training. Registration requests will be considered on a first-come, first-served basis until each meeting reaches capacity. The number of attendees from the same organization may be limited.

Video Voters' Guide Offers Unedited Candidate Statements on TV and Online

TVW has produced the 2016 Video Voters' Guide, enabling Washingtonians to view unedited video statements from candidates for statewide office: U.S. Senate, Governor, Lieutenant Governor, Secretary of State, Treasurer, Auditor, Attorney General, Lands Commissioner, Superintendent of Public Instruction, Insurance Commissioner, and State Supreme Court Justice. Candidate statements will be televised through the general election on TV. The statements can also be viewed online at the Guide's homepage: <http://www.tvw.org/video-voters-guide/>. The online versions of this year's Video Voters' Guide statements are closed captioned and accessible to the hearing impaired.

New IFS Services Offer Peer Mentoring, Planning, and Community Engagement

When DDA transitioned Individual & Family Services into a federal Medicaid Home & Community Based Services waiver, some new services were added, including Peer Mentoring; Facilitated Person-Centered Planning; and Community Engagement. Learn what each of these [New IFS Services](#) provides and who provides them. Includes printable bulletins with examples of how to use the services.

Summer and Dads of Children with Special Needs

Summer time can be a particularly stressful time of year for dads that are raising special needs children. One of the ways our family and many that we have served go through this time is by networking with other parents to do activities jointly with our kids. Here are just a few ideas of what you can also take advantage of:

- Many local parks have free and reduced priced local camps and many will work with our kids;
- The Boys and Girls club offers many programs and they do sliding scale;
- If you are in the Central Puget Sound there is a wonderful program called [Sea Scouts](#);
- [DadsMOVE](#) posts activities throughout the summer so keep looking for things to do online;
- Attend local support groups to meet other parents like you;
- [Special Families of Puget Sound](#) host and posts many events and activities;
- And don't forget to give you and your significant other time for your own self care.

Western State Hospital Faces Dementia Dilemma

The dispute in court over whether to admit a man with dementia into Western State Hospital highlights a broader problem: How will Washington state care for the increasing number of adults with ailments such as Alzheimer's disease? [Read the Seattle Times article](#). The article follows a dispute in court over [whether to admit a man with dementia](#) into the state's largest psychiatric facility, Western State Hospital, highlights the state's particular shortcomings when it comes to caring for a growing number of dementia patients. Right now, more than 107,000 Washingtonians have Alzheimer's disease or other dementias, according to [a state report released this year](#). In 25 years, that number is expected to more than double.

2016 Disability Advocate of the Year Award

Disability Advocate of the Year Awards in 2016 will recognize one Volunteer, one Professional, and one Business for effectively initiating, establishing, and/or supporting services or programs for people with disabilities. The deadline for nominations is Friday, August 5, 2016. If you need information, contact Sandy Davis at sdavis2@cityoftacoma.org or at (253) 591-5452 or Washington Relay at 711 or 1-800-833-6384.

Consumer Network Forming for Networking, Education, Advocacy

United Peers of WA is recruiting for individuals and organizations who want to partner in the vision of a stigma-free, recovery-focused, strengths-based behavioral health community in Washington. Be a part of having voice and choice in the laws, policies and general decisions made on your behalf every day. [Please take our CPC Survey](#). The mission of the United Peers is to establish a sustainable statewide network of peers. This network will bring a collective voice that develops the power to surpass stigma and barriers that limit opportunity by encouraging resilience, independence, dignity and respect for all people. Contact [United Peers of WA](#) at (360) 990-9966 or info@unitedpeersofwa.com.

NW Furniture Bank Seeks Donations

The NW Furniture bank is in need of donations. Many social service professionals have referred clients to them throughout the years. They provide an essential service to those we work with. Donation hours are Tuesday through Saturday, 9 a.m. to 4 p.m. If you haven't heard of NW Furniture bank, please check out their website: www.nwfurniturebank.org

Birthday Parties from SHIBA

SHIBA (Statewide Health Insurance Benefits Advisors) holds birthday parties to help people who are turning 65 or simply have questions about Medicare. At each event there will be an educational presentation followed by opportunities for personal counseling and a variety of other unbiased, free senior resource providers. Upcoming Pierce County Birthday events: All events are by RSVP 1-888-902-3011, extensions are below

- July 14th @ 1pm: Lakewood Senior Activity Center- RSVP ext. 9487
- July 21st @ 1:30pm: Sumner Senior Center- RSVP ext. 8973
- August 27th @ 10am: People's Community Center- RSVP ext. 1731
- September 10th @ 10am: Key Peninsula Civic Center- RSVP ext. 3929
- September 24th @ 10am: Eatonville Community Center- RSVP ext. 4616

To learn more about these events and other events in the calendar SHIBA. [Visit SHIBA online.](#)

Need more information? Call (253) 596-0918

All Things Medicare class offered at Pierce County Libraries: Are you turning age 65 soon? Want to know more about Medicare? Join Sound Outreach and the Statewide Health Insurance Benefits Advisors (SHIBA) at your local Pierce County Library for All Things Medicare. This free class covers Medicare Parts A and B, Medicare supplement and Medicare Advantage plans, Part D prescription drug plans and more. All Dates are Saturdays classes from 1 p.m. to 3:30 p.m. Call SHIBA at 253-596-0918 to sign up for a session or to speak with a SHIBA counselor. Walk-ins are also welcome.

- July 9—Tillicum Library: 14916 Washington Ave SW, Lakewood, WA 98498
- July 23—Summit Library: 5107 112th St E, Tacoma WA 98446
- August 13—Fife Library: 6622 20th St E, Fife WA 98424
- August 20—Buckley Library 123 S River Rd, Buckley WA 98321

SCAM OF THE MONTH

A False Appeal to Your Sense of Charity

If you get a call asking you to give to a charity, you might be tempted to say yes without a second thought. But as with any call you get from someone asking for money out of the blue, pause and do some research to avoid fraudsters who try to take advantage of your generosity. Unfortunately, there are for-profit companies — like American Handicapped and Disadvantaged Workers, Inc. (AHDW) — that pretend to be charitable organizations and lie about how they use donations. The FTC sued AHDW for deceiving people — and shut them down. [Read more.](#) (Source: FTC)

RECOMMENDED READS FOR THE 50+

Love, Again: The Wisdom of Unexpected Romance

Life experience adds dimensions to the art of connection and we all stand to learn something from unexpected romance. How do old people meet new loves? This thing, this late-in-life love: It's growing, it's everywhere, and it's transformative. In staggering numbers, older people are meeting and

falling in love – in senior living facilities, in retirement homes, in bars, in grocery stores, on cruise ships, on the Internet – brazenly, quietly, unexpectedly. People once written off as too old for intimacy are having romances, beginning intense affairs once thought to be for the young. Part memoir, part journey to a new frontier, *Love, Again* is illuminating and heartwarming. Speaking with poets and artists, a retired nurse and a retired coach, environmentalists, philanthropists, and teachers – couples whose partners' ages range from 61 to 96 – Pell reports on their relationships. At the core of this book is wisdom: what we all can learn from the experience, regardless of age. Call Number: 306.7084 PELL (Source: Pierce County Library)

LOCAL HAPPENINGS

July 7 – Suicide Assessment, Treatment & Management Training

This one-day training by LeadingAge Washington provides an introduction to ZERO Suicide: a practical approach to suicide care model for health care and behavioral healthcare systems. Dr. Ursula Whiteside, national ZERO suicide faculty, will introduce the ZERO Suicide (ZS) Training model and explain how it relates to suicide assessment, treatment, and management. Held 9 a.m. to 4:30 p.m. at the Embassy Suites, Tukwila. [Information and registration online](#).

July 8 – Emergency Preparedness for Seniors

Earthquakes, floods, scams, fraud, ID theft, medication errors, travel, computers, home break-ins. Emergencies aren't planned. They always happen at the worst possible time without warning. And they come in all sorts of shapes and sizes. Seniors and people with disabilities are disproportionately hit hardest. Learn how you can prepare for the unexpected. Held at 11 a.m. at the Sumner Senior Center, 15506 62nd St. Ct. E. Free; no RSVP required.

July 11-15 – What Does Your Future Hold?

A 5-day workshop designed to empower youth (16-24) living with disabilities. Supports young people in their pursuit of living, working and participating independently in the community. Workshop is for those planning to go to college, get a job and live independently in the community in the future. Youth with 504 plans are encouraged to apply. Contact Leah Velasco at (253) 582-1253 or [via e-mail](#). Held at Center for Independence, 7801 Bridgeport Way W. in Lakewood.

Aug 2-6 – National Night Out (Date may vary by city)

Throughout Pierce County, diverse communities will come together to produce unique celebrations—block parties, barbecues, picnics, safety fairs with representative from police and fire departments. More than 9,000 communities across the country celebrate National Night Out to make a statement against crime. Get to know your neighbors and celebrate this wonderful event. More information at [Safe Streets](#); the [City of Tacoma](#); the [City of Lakewood](#); the [City of Puyallup](#); the [City of University Place](#) and many other cities and towns.

Aug 8-12 – Camp Sparkle This Summer

This free, week-long day camp, 9:30 a.m. to 4:00 p.m., is for kids ages 5-12 who have a loved one with cancer, who have cancer themselves, or who have lost someone to cancer. Held in Tacoma. All camper families must join the Cancer Pathways community. To join, or to register for camp if you are already part of the community, contact Theresa Kelly at (206) 709-1400 or (866) 200-2383.

Aug 10 – Cancer Survivorship Conference

The annual Pierce County Cancer Survivorship Conference is free and open to all people affected by cancer as patients, family members and caregivers. The event is designed to allow survivors and caregivers to connect and learn more about all aspects of the cancer journey. Topics discussed at the conference focus on the physical, mental and spiritual aspects of the cancer journey. Fifteen-year-old Dylan Walsh, a 13-year Burkitt Lymphoma survivor, will provide the keynote presentation. The event also features many breakout sessions on topics of interest to survivors and caregivers. Held 8 a.m. to 4:30 p.m. at the University of Puget Sound. [Information and registration online](#) or call (253) 207-5151. Other registration language lines: Spanish at (253) 353-5502; Korean, Vietnamese or Cambodian at (253) 535-4202; Pacific Islander at (253) 778-5642; Russian or any other language not listed call (253) 530-2936. For more information, please call (253) 530-2936.

Aug 13 - Northwest Ability Expo

Here's an opportunity to see the latest in mobility equipment from walkers and scooters to full-size vans. Event is held from 10 a.m. to 3 p.m. at Kersey Mobility, 6015 160th Ave E. in Sumner. Event includes a free BBQ lunch and valet parking. Free; no RSVP required.

Aug 14 – The Color Run

Sound Outreach is hosting the first Tacoma Color Run to benefit their efforts to fight poverty and build household economic strength in Pierce County. Volunteers and participants needed. Held at the Tacoma Dome. [More info online.](#)

Aug 16 & 17 – FAST Training

Learn how you can become a member of Pierce County's Functional Assessment Service Team (FAST). Accommodating people with access and functional needs in emergency shelters. FAST responds to disasters and deploys to shelters to help people maintain their health, safety, and independence following a major disaster. Two-day training held 8:00 a.m. - 4:30 p.m. at Pierce County Emergency Operations Center, 2501 S. 35 St., Suite D in Tacoma. [Register online.](#) Qualified attendees must fill out the FAST application one week prior to the training. Contact [Nicole Johnson](#) at (253) 798-2221.

Aug 26 – PAC Celebrates 10th Anniversary

Join the Puyallup Activity Center in its 10-Year celebration of activities. This open house celebration will introduce you to the many activities and events that make up our beloved PAC! Join City Officials, Activity Center Staff and Volunteers, along with City Residents as we share and celebrate our fantastic facility and our well-rounded assortment of activities and events that are available to our city's senior citizens. Held 11 a.m. to 2 p.m. at the Puyallup Activity Center, 210 W. Pioneer.

Sept 4 - South Sound Step Out: Walk to Stop Diabetes

Register for ADA's Step Out: Walk to Stop Diabetes event and experience the fun of Opening Weekend at the Washington State Fair! Your participation helps raise funds and awareness for the American Diabetes Association. The South Sound Step Out: Walk to Stop Diabetes will be held inside the Washington State Fairgrounds. Registered walkers will receive fun prizes at sponsored wellness stations as they walk throughout the fairgrounds. [Register online.](#)

Sept 11 – Walk to End Alzheimer's

This event for all ages raises awareness and funds for Alzheimer's care, support and research. The Alzheimer's Association provides free, easy-to-use tools and staff support to help participants reach their fundraising goal. While there is no fee to register, participants are encouraged to fundraise in order to contribute to the cause and raise awareness. Held at the University of Puget Sound. Registration at 11 a.m.; ceremony at noon; walk at 12:30 p.m. [Register and info online.](#)

Sept 15-16 – Elder Friendly Futures Conference

A two-day gerontology conference for health-care providers, community-based professionals, researchers, educators and students with a commitment to healthy aging. Topics include the science of health and wellness, connecting within age-friendly communities, what it means to be older and underserved, cognitive and mental health and elder justice and security. Held at the Lynnwood Convention Center. [Register online.](#)

Sept 17 – Pierce County Alzheimer's Caregiver Conference

Vendor Registration is now open until July 14 through the HCPC website. Gold Sponsorship is \$500 (full table, logo on marketing materials, looped on screen and 7 mentions). Silver Sponsorship is \$200 (half table, 1 mention). Registration is online at <http://healthcareproviderscouncil.org/>. Services must pertain to individuals/families living with Alzheimer's. Contact [Trish Cooper](#) for details. Save the Date. Emmanuel Lutheran Church, Tacoma. More to come.

Sept 30-Oct 2 – NAMI State Conference: The Road to Recovery

The NAMI Washington State Conference brings together people living with mental illness, family members, legal, medical and research professionals, and providers, over three days to advance and explore The Road to Recovery, and why Mental Health Matters for everyone. [Information and registration online.](#)

Oct 4-5 – Emergency Planning Institute

Two-day training designed for social service agencies, community and faith based organizations on the importance of disaster planning. Participants will learn the basics of Incident Command System, key components of emergency plans and the importance of personal, staff and agency preparedness. Held 8 a.m. to 4 p.m. (Day 1: Pierce County Emergency Management, 2501 S. 35th St., Tacoma; Day 2: Tacoma Lutheran Retirement Community, 1301 N. Highlands Pkwy, Tacoma). [Click here to register.](#) For details contact [Nicole Johnson](#) at (253) 798-2221.

Oct 19 – Making the Link

Sponsored by Health Care Providers Council at MetroParks Star Center. Vendor Registration begins Aug 12 and closes Oct 7 at 5 p.m. or when full. Tables will be \$140 for a single and \$90 for shared. Vendors must be HCPC members. Registration will be online at <http://healthcareproviderscouncil.org/>. Contact [Jenny Austin](#) for details. More to come.

Oct 20 – Latino Health Forum

Dedicated to the exchange of innovative ideas, best practices, and the advancement of health for the Latino community, attracting health care experts and activists serving Latinos in the Pacific Northwest to participate in open dialogue and forums on current topics affecting the health of Latinos on regional, national, and international levels. The forum is a valuable platform for individuals working in health

care, social justice, public policy and for those working with underserved Latino populations. Held at the Seattle Hilton Airport and Conference Center. [Visit SeaMar website for info and registration.](#)

Oct 20-21 - Adult Family Home Council Annual Conference

Save The Date! Adult Family Home Council's Annual Conference will be held in Marysville, WA at the Tulalip Resort & Casino. This 2 day educational conference is for Adult Family Home Providers and their staff with 12 continuing educational credits available. There will be providers, caregivers, and vendors in attendance for learning, networking and fun! Watch the event page at www.adultfamilyhomecouncil.org for registration details.

Nov 19 – Seattle Step Out & Wellness Expo

Participants in the Seattle Step Out: Walk to Stop Diabetes make a positive impact in the lives of people affected by diabetes while also improving their own health! Join us at the beautiful Magnuson Park for an invigorating and inspiring walk. Immediately following the walk, join us for the FREE American Diabetes Association Wellness EXPO with over 50 health and wellness vendors. [Register online.](#)

Q&A of the Month

Question: There's been lots of talk lately about what to do with expired prescription drugs, especially opioid medications. What can I do?

Answer: We asked our friends at the Tacoma Pierce County Health Department about this. First of all, never flush them down the toilet. These drugs can harm the sewer system, pollute our waterways and streams and migrate into our drinking water. Residents have numerous options to dispose of expired or unneeded medicines in a secured lock box. Your best bet is to visit their website where they have a special page with all the drop off locations and times listed. Take a look at the list at:

<http://www.tpchd.org/environment/waste-management/medicine-return-program/drop-off-locations/>

There's also the National Drug Take Back Day on the last Saturday of April every year. Stay tuned for more information about that event in 2017. For more information on statewide medicine take back efforts please visit: www.takebackyourmeds.org.

NATIONALLY

Meager Hike in 2017 Social Security Benefits

The trustees who oversee Social Security say millions of beneficiaries can expect a meager increase in monthly payments next year. Meanwhile, Medicare's finances have worsened. The projected 0.2 percent increase in Social Security payments would come a year after beneficiaries received no increase. By law, increases are based on a government measure of inflation. (Source: Heraldnet.com)

The Future of Social Security

The Social Security Board of Trustees released its annual report in June regarding the long-term financial status of the Social Security Trust Funds. The combined asset reserves of the Old-Age and Survivors Insurance, and Disability Insurance (OASDI) Trust Funds are projected to become depleted in 2034, the same as projected last year, with 79 percent of benefits payable at that time. The DI Trust Fund will become depleted in 2023, extended from last year's estimate of 2016, with 89 percent of benefits still payable. (Source: SSA)

As Baby Boomers Age, Concerns About The Strain On Family Caregivers Deepen

About 40 million U.S. family caregivers provided unpaid care, valued at \$470 billion, to an adult with limitations on daily activities in 2013. And those numbers are only going to increase. Strain on family caregivers is alarming many lawmakers and social-service providers. They are pushing for new ways to assist the vast unpaid workforce of people who are crucial in part because they allow more seniors to age in place and reduce reliance on public subsidies such as Medicaid, a major funder of institutional health care for older Americans. [Read more](#). (Source: WSJ)

Old and on the Street: The Graying of America's Homeless

There were 306,000 people over 50 living on the streets in 2014, the most recent data available, a 20 percent jump since 2007, according to the [Department of Housing and Urban Development](#). They now make up 31 percent of the nation's homeless population. [Read the story](#). (Source: NY Times)

Death Talk Is Cool At This Festival

How to make thinking about death less somber? Hold a festival! Through art, film and book talks, residents of one community explored everything from bucket lists to advance directives and cremation. The purpose of the gathering was to get people thinking ahead – about topics like what they want to accomplish in their remaining days, end-of-life care, funeral arrangements, wills, organ donation, good deaths and bad – and to spark conversations. [Read more](#). (Source: KHN)

Get ready for Senior Center Month 2016!

Every September, the National Institute of Senior Centers (NISC) sponsors Senior Center Month. This year's theme is *Find Balance at Your Center*. [Download the free Program Guide for ideas to celebrate!](#) (Source: NCOA)

What Are You Doing for Grandparents Day?

We're less than three months away from Sept. 11, this year's Grandparents Day. Generations United has a website full of activity ideas to help you mark the occasion. [Find ideas](#). (Source: NCOA)

Uncompensated Hospital Care Falls

The Affordable Care Act's coverage expansions helped to produce an overall decline nationwide in uncompensated care from \$34.9 billion to \$28.9 billion in 2014, according to a [new analysis](#) by the Kaiser Family Foundation. Nearly all of the decline occurred in Medicaid expansion states, where uncompensated care costs were down 35 percent, from 2013, the year before ACA coverage expansions took full effect. (Source: KHN)

PSA on Assisted Suicide in Response to Me Before You

The Center for Disability Rights New York has created a [PSA](#) to address disability and assisted suicide, one of the primary topics highlighted in the new romantic comedy, "Me Before You." The film tells the story of a cheerful underachiever, Louisa, who is hired as the Personal Care Attendant for a wealthy quadriplegic. The murder and killing of disabled people in Hollywood films is a common theme. Assisted suicide, in particular, can be seen in a number of recent films. Assisted suicide is often presented as a logical ending to disabled lives. The [PSA](#) features real individuals with disabilities, as they counter the message presented in these harmful films. The [PSA](#) highlights that disabled lives are worth living, and that assisted suicide is harmful to the disability community. (Source: CDRNY)

This information is provided as a service of the Pierce County Aging & Disability Resource Center and is intended for sharing throughout the county. To receive or discontinue this e-newsletter, please contact Bob Riler at (253) 798-7384 or briler@co.pierce.wa.us.