

NAVIGATING THE MAZE OF DEMENTIA

**A fundamental guide to a
terminal disease**

DEER RIDGE

MEMORY CARE COMMUNITY

Koelsch Communities | Since 1958

“OUR COMMON PURPOSE IS TO CREATE
HAPPINESS BY PROVIDING THE FINEST
LIVING EXPERIENCES ANYWHERE”

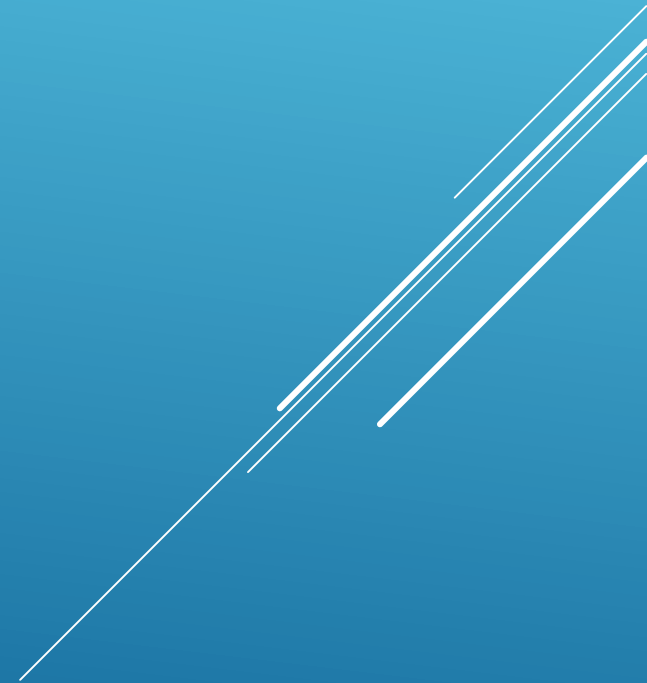
DEER RIDGE

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DEMENTIA- SEVERE IMPAIRMENT OR LOSS OF INTELLECTUAL CAPACITY AND PERSONALITY INTEGRATION, DUE TO THE LOSS OF OR DAMAGE TO NEURONS IN THE BRAIN.



Alzheimer's Disease

Vascular Dementia

Lewy Bodies Dementia

Frontotemporal Dementia

Parkinson's Disease

Mild Cognitive Impairment (MCI)

**MOST
COMMON
TYPES OF
DEMENTIA:**

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Delirium

- Affects mainly attention
- Usually caused by illness or adverse drug reaction
- Rapid onset
- Can be reversed once cause is identified

Dementia

- ▶ Very slow onset
- ▶ Usually irreversible
- ▶ Cognitive impairment
- ▶ Behavioral issues
- ▶ Safety concerns

DELIRIUM VS. DEMENTIA

BEHAVIORAL CHALLENGES

Behaviors are a symptom of unmet need(s)
(real or imagined)

Warning signs of impending behaviors


Confrontation avoidance

Safety concerns related to behaviors

Support for the person

Environmental issues and its role in behavior
management

THE ABC'S OF BEHAVIOR MANAGEMENT

- A. Antecedent: What are/were the triggers for the behavior
 - B. Behavior: Specific actions that are unacceptable or harmful
 - C. Consequences: Results of the behavior that may need to be addressed
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- ▶ Emotional connections affecting effective care
- ▶ The grieving process
- ▶ Loss of relationships / friendships
- ▶ The shrinking circle (loss of socialization)
- ▶ Effective decision making
- ▶ When is when (Knowing when it's time to take next steps)

CAREGIVER CHALLENGES

- ▶ Managing challenging and difficult behaviors
- ▶ Meal planning and preparation
- ▶ Dealing with incontinence and other issues surrounding toileting
- ▶ Decline in physical function
- ▶ Finding respite from caregiving
- ▶ Finding suitable and affordable placement

CAREGIVING DILEMMA'S

QUESTIONS & ANSWERS