



WHEN A LOVED ONE RESISTS CARE: A NEW PERSPECTIVE

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WELCOME!

- Why is this important?
- What is a “behavior”?
- When to be concerned
- Recognizing symptoms
- Behavior is communication
- Interventions
- Insights



WHAT IS A “CHALLENGING BEHAVIOR” ANYWAY?

- Needs or desires not being met
- Inability to communicate these needs or desires
- All behavior is communication!



WHY IS THIS IMPORTANT?

- Quality of life
- Communication
- Connection



ASSESSING FOR REASONS BEHIND BEHAVIOR

- Sudden change in condition
- Depression
- Infection/UTI
- Medication adverse s/e
- Pain
- Dehydration
- Sleep
- Nutrition
- Delirium



WHO OR WHAT IS BEING CHALLENGED?

- Family member or professional caregiver
- Person with dementia
- Solution/problem solving



WE CAN'T SOLVE PROBLEMS FROM A STRESS STATE

- Brain programming
- Triggers
- Creativity
- You will find what you seek
- Power of language



LEVEL OF CONCERN

- Minimal safety/risk
- Medium safety/risk
- High safety/risk



THE NITTY GRITTY

- Know history
- Know triggers
- ABC
- Change is a threat
- Recent changes
- Sensing/feeling/AVKTO



NOW WHAT?

- We are all unique
- Types
- Stages
- Flexibility vs Consistency
- Curiosity
- Therapeutic fibbing
- Validation
- Golden nuggets

A FRESH APPROACH

- A new way of communicating
- New energy!





THANK YOU FOR LEARNING WITH ME!

- Consulting, Counseling and Care Management Services:

- www.eldercarecounselor.com

- Dementia Caregiver FB Group:

Get in the Lifeboat:
An Online Resource and
Community for Dementia
Caregivers

- Dementia Caregiver Podcast:

- **Life on Repeat:** A Dementia
Caregiver Podcast



Life on Repeat

A Dementia Caregiver Podcast