

Supporting Loved Ones at End of Life

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Welcome and Introduction

Objectives

1. Discuss Death & Dying in America
2. Define & Compare Hospice & Palliative Care
3. What is an End-of-Life Doula and what do they do

Death & Dying in America

Death in the 20th
century

Changing Views

Social Views of Death

Palliative Care Defined

Palliative care refers to pain management as well as to emotional and spiritual support for someone who is ill.

Palliative care does not mean that a cure is no longer possible.

Palliative care and curative care go hand in hand

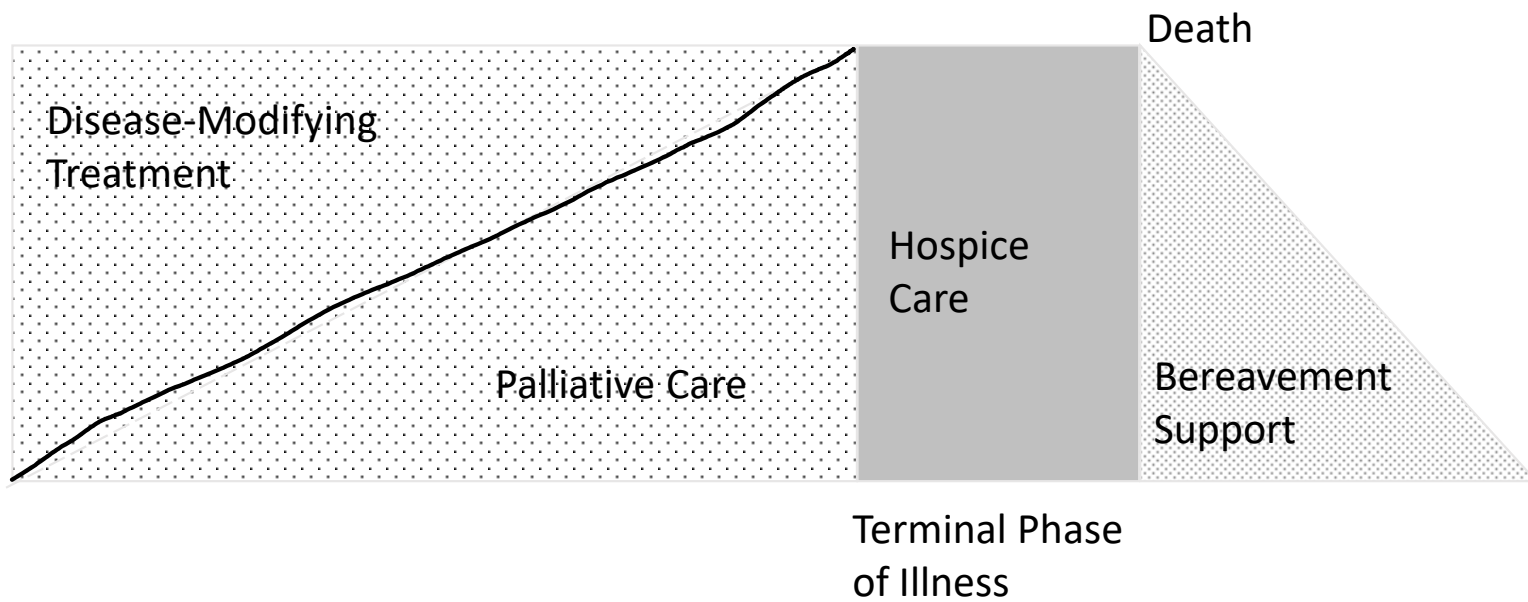
Hospice Care Defined

Hospice care focuses on people who are terminally ill.

Hospice Criteria

- 6 months or less to live
- Certified by 2 doctors (Primary Care and Hospice doctors)
- Terminal Diagnosis

Continuum of Care



Hospice Care at Home vs Hospice Facility

Home

- Manage Patient's Pain
- Assists with emotional and spiritual aspects of dying
- Provide needed medications
- Run errands
- Coach family on how to care for the dying person

Hospice Facility

- Permanent or short stay
- Family caretakers need a break
- May need more intensive care for pain management
- Condition deteriorated

End of Life Doula

Core Components

Non-medical support	Non-judgmental support
Family-centered approach	Holistic care
Empowerment	Team members

Types of Support

- Presence
- Emotional Support
- Proactive Guidance
- Resources and Referrals
- Comfort Measures & Physical support
- Logistical support

Next Steps

Accessing Hospice &
Palliative Care

Accessing an EOL Doula

How both services work
together

Support & Resources

- Alzheimer's Association
- Medical team
- Religious or spiritual support
- Death Cafes
- Legacy Projects
- Loss, Grief, Mourning and Bereavement



Questions

