



NEW DIRECTIONS

build skills and connections with each other that can reduce stress, frustration and anger with the goal of strengthening families and promoting healthy relationships

JOIN US FOR...

- * Family Meals
- * Teen & Parent Group
- * Cooperative Combine Groups
- * Family Activities

TUESDAYS
@
6PM

NEW DIRECTIONS meets once a week to provide skill-building techniques for parents and teens experiencing teen initiated family violence

Contact Us: (253)383-4275 * oursistershouse.com
708 Broadway; Tacoma, WA 98402

