AGGRESSION REPLACEMENT TRAINING (ART)

Washington State Aggression Replacement Training (WSART) is an evidence-based, skills training program for moderate- and high-risk offenders on community supervision.

- The WSART program provides 30 hours of instruction with three components: Social Skills, Anger Control, and Moral Reasoning.

- The class is three days a week for a ten-week session, and classes are held at sites throughout the county.

- Youth will learn pro-social thinking and behavior skills to reduce aggression, decrease criminal activity and become aware of errors in their thinking that lead to poor decision-making.

- The curriculum is instructed by probation officers and case monitors who have been trained and certified to facilitate the program.

- Youth who participate in the ART program will be provided incentives for attendance and positive participation.