

# PLAN FOR AN EMERGENCY



**STEP 1:** Fill out the card below and keep it in your wallet or purse. It's the information you will need in an emergency. [www.piercecounty.gov/](http://www.piercecounty.gov/)

## MAKE A PLAN



Cut on dotted line and fold at marks to fit in wallet.



### PERSONAL CONTACT INFORMATION

My Name \_\_\_\_\_

My Address \_\_\_\_\_

My Phone \_\_\_\_\_

My Cell/Text \_\_\_\_\_

### EMERGENCY PLAN

Primary Contact \_\_\_\_\_

Phone \_\_\_\_\_ Text # \_\_\_\_\_

Primary Meeting Place \_\_\_\_\_

Secondary Meeting Place \_\_\_\_\_

Out-of-Area Contact \_\_\_\_\_

Out-of-Area Phone \_\_\_\_\_

Out-of-Area Text # \_\_\_\_\_

### OTHER IMPORTANT CONTACT INFORMATION

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### HOW TO STAY INFORMED

#### All hazard NOAA Weather Radio

- 162.475 Central and West Pierce County
- 162.550 West and Northwest Pierce County

#### Regional Emergency Alert News

- KIRO 97.3 FM
- KOMO 1000 AM
- KGHP FM 89.3, 89.9, 105.7

#### Pierce County Emergency Information

- 1580 AM (for the Puyallup Valley)

#### Pierce County Emergency Management Blog

- [www.piercecountywa.org/DEM](http://www.piercecountywa.org/DEM)



3. FOLD UP

2. FOLD UP

1. FOLD UP

# BUILD AN EMERGENCY KIT



**STEP 2:** Prepare emergency kits for your home, vehicle, work/school. Find instructions at [piercecountywa.gov/BUILDKIT](http://piercecountywa.gov/BUILDKIT)

*Cut on dotted line and fold at marks to fit in wallet.*



CALL 9-1-1 for life threatening situations ONLY

## MEDICAL INFORMATION

Doctor \_\_\_\_\_

Phone \_\_\_\_\_

Pharmacy \_\_\_\_\_

Phone \_\_\_\_\_

1. Medication \_\_\_\_\_ Dosage \_\_\_\_\_

2. Medication \_\_\_\_\_ Dosage \_\_\_\_\_

3. Medication \_\_\_\_\_ Dosage \_\_\_\_\_

4. Medication \_\_\_\_\_ Dosage \_\_\_\_\_

Preferred Hospital \_\_\_\_\_

Phone \_\_\_\_\_

Allergies/Other \_\_\_\_\_

\_\_\_\_\_

## INSURANCE INFORMATION

Home/Rental Policy # \_\_\_\_\_

Phone \_\_\_\_\_

Life Policy # \_\_\_\_\_

Phone \_\_\_\_\_

Medical Policy # \_\_\_\_\_

Phone \_\_\_\_\_

Dental Policy # \_\_\_\_\_

Phone \_\_\_\_\_

Auto Policy # \_\_\_\_\_

Phone \_\_\_\_\_

Other \_\_\_\_\_ Policy # \_\_\_\_\_

Phone \_\_\_\_\_

## OTHER IMPORTANT PHONE NUMBERS

Power \_\_\_\_\_ Gas/Oil \_\_\_\_\_

Water \_\_\_\_\_ Sewer \_\_\_\_\_

Non-Emergency Police \_\_\_\_\_

3. FOLD UP

2. FOLD UP

1. FOLD UP