

**PIERCE COUNTY INTEGRATED COMMUNITY BEHAVIORAL HEALTH PLAN FRAMEWORK**

**DRAFT PURPOSE - 5 Year Horizon**

Build an easy to access system that responds to the behavioral health needs of Pierce communities.

**DRAFT – VISION**

We live in a healthy community where our residents have purpose in life, active involvement in satisfying work and play, joyful relationships, a healthy body and living environment, and happiness.

**DRAFT - GOALS**

1. Provide trauma-informed outreach, assessment and intervention that acknowledges, respects, and integrates patients' and families' cultural values, beliefs, and practices.
2. Divert adults and youth with behavioral health needs from costly interventions (e.g. emergency rooms, hospitals, jails, police, EMS, etc.) to more appropriate services.
3. Reduce number, time and rate of avoidable behavioral health crises.
4. Link and leverage other public or private programs and services (such as housing and home care).
5. Increase awareness, collaboration and communication between mental health, SUD and physical health care providers.

**COLLECTIVE ACTION / STRUCTURE - HOW IS POWER DISTRIBUTED?**

We all work collaboratively and involve all sectors of the community in developing an accountable proposal to utilize 1/10 of 1%.

Practices & Strategic Focus Areas	SAMPLE Program Outcomes (performance)	SAMPLE Individual Outcomes (population)	SAMPLE Measures & Indicators	POTENTIAL Funding Areas
<p><b>Wellness, Prevention, Early Intervention &amp; Treatment</b></p> <p><i>Are people getting what they need to stay healthy and balanced?</i></p> <p><i>Are people getting appropriate treatment?</i></p>	<ul style="list-style-type: none"> <li>• Increased, timely access to person-centered, culturally-appropriate, trauma-informed and evidence-based treatment for all ages</li> <li>• Increased availability of behavioral health information and education, including in non-traditional settings such as daycares, schools, primary care</li> <li>• Reduced risk factors for substance use and mental health disorders</li> <li>• Increased access to housing</li> </ul>	<ul style="list-style-type: none"> <li>• Increased use of person-centered, culturally-appropriate prevention, early intervention and treatment services by individuals &amp; families</li> <li>• Increased knowledge about behavioral health and available services</li> <li>• Reduced use of drugs &amp; alcohol in youth &amp; adults</li> <li>• Increased employment and education outcomes</li> </ul>	<ul style="list-style-type: none"> <li>• # Individuals and families utilizing person-centered, culturally-appropriate prevention, early intervention and treatment services</li> <li>• Increased help-seeking for mental health problems</li> <li>• # behavioral health information provided</li> <li>• # Youth reporting drug &amp; alcohol use</li> <li>• # Youth reporting problems with depression, anxiety, and suicidal ideation/plan/attempts</li> <li>• # Employment and education</li> <li>• # Housing stability</li> <li>• Length of time housing retained</li> </ul>	<ul style="list-style-type: none"> <li>• Mobile Prevention &amp; Intervention Van Teams</li> <li>• Screening &amp; Assessment</li> <li>• Community-Based Behavioral Health Treatment</li> <li>• Access to employment, housing, education and Training</li> <li>• Peer/parent mentor support</li> <li>• Anti-stigma outreach</li> <li>• Permanent supportive housing and services</li> <li>• Domestic violence/violence prevention</li> <li>• Intensive Services using a Wraparound Approach</li> </ul>

Practices & Strategic Focus Areas	SAMPLE Program Outcomes (performance)	SAMPLE Individual Outcomes (population)	SAMPLE Measures & Indicators	POTENTIAL Funding Areas
<b>Prevention and Early Intervention, cont.</b>	<ul style="list-style-type: none"> <li>Increased access to employment and education services</li> <li>Increased access to primary health care services</li> </ul>	<ul style="list-style-type: none"> <li>Increased housing stability</li> <li>Increased use of primary health care services for behavioral health problems</li> <li>Reduced barriers to services</li> </ul>	<ul style="list-style-type: none"> <li># Crisis events</li> <li># Meaningful life activities</li> <li>Decreased # of mentally unhealthy days reported in last 30 days (BRFSS)</li> </ul>	
<b>Crisis Management</b>  <i>Are people in crisis getting what they need to avoid unnecessary hospital stays or being put into jail?</i>	<ul style="list-style-type: none"> <li>Increased access to person-centered, culturally-appropriate outpatient treatment on demand</li> <li>Increased access to: community alternative options; diversion and crisis centers including sobering and detox; youth reception, and/or other crisis centers</li> <li>Increased availability of medication-assisted treatment</li> <li>Increased access to treatment courts</li> </ul>	<ul style="list-style-type: none"> <li>Reduction in use of detention, jail, emergency departments, police, and EMS for crisis services</li> <li>Increased use of person-centered, culturally-appropriate outpatient treatment services for individuals and families</li> <li>Improved access to necessary inpatient services</li> <li>Decreased length of crisis events</li> <li>Increased utilization of treatment courts</li> <li>Reduced barriers to services</li> </ul>	<ul style="list-style-type: none"> <li># Parents and youth utilizing treatment services</li> <li># Detention, jail, and emergency department utilization and frequency (bookings &amp; length of stay)</li> <li>Decreased rates of police and EMS response to behavioral health crises</li> <li># Community alternatives to detention available &amp; usage</li> <li># Reversed overdoses</li> <li># Narcan distributed</li> <li># Involuntary commitment</li> <li>Decreased suicide rates</li> <li>Decreased hospitalizations for self-inflicted injuries</li> </ul>	<ul style="list-style-type: none"> <li>Outreach and Engagement</li> <li>Services and Treatment</li> <li>Youth Services Support</li> <li>Opioid Strategies</li> <li>Adult Crisis Diversion</li> <li>Children’s Crisis Outreach</li> <li>Police/EMS Co-responder programs</li> <li>CIT/De-escalation Training</li> <li>Crisis Education and Training</li> <li>Accessible and Timely Consultation Services</li> <li>Central Triage</li> </ul>
<b>Recovery and Re-entry Programming</b>  <i>Are people who are healthy reintegrating safely to the community after crisis?</i>	<ul style="list-style-type: none"> <li>Increased person-centered, culturally-appropriate treatment services</li> <li>Increased availability of peer services</li> <li>Increased access to housing</li> <li>Increased access to employment and education services</li> <li>Increased access to reentry services from jail or hospital</li> </ul>	<ul style="list-style-type: none"> <li>Reduction in detention, jail, ED, police, and EMS utilization</li> <li>Increased utilization of appropriate treatment services</li> <li>Increased employment and education</li> <li>Increased housing stability</li> <li>Increased utilization of peer services</li> <li>Increased utilization of reentry services from jail or hospital</li> </ul>	<ul style="list-style-type: none"> <li># Detention, jail, ED, police, and EMS utilization</li> <li># Diversions from jail, hospital, or court</li> <li># Re-hospitalization rates</li> <li># Peer services utilized</li> <li># Culturally-appropriate recovery services utilized</li> <li># Reentry services from jail or hospital</li> <li># Recovery of function</li> <li># Employment and education</li> <li># Housing stability</li> </ul>	<ul style="list-style-type: none"> <li>Housing Support &amp; Services</li> <li>Care During and Post Transitions</li> <li>Training &amp; Employment</li> <li>Home Visiting and Nursing Home Support</li> <li>Outpatient Behavioral Health Services to non-Medicaid Individuals</li> </ul>

Practices & Strategic Focus Areas	SAMPLE Program Outcomes (performance)	SAMPLE Individual Outcomes (population)	SAMPLE Measures & Indicators	POTENTIAL Funding Areas
<p><b>Recovery and Re-entry Programming, cont.</b></p> <p><i>Are people who are healthy reintegrating safely to the community after crisis?</i></p>	<ul style="list-style-type: none"> <li>Increased application of recovery and resiliency principles in services provided</li> <li>Increased access to culturally-appropriate recovery services</li> </ul>	<ul style="list-style-type: none"> <li>Increased utilization of culturally-appropriate recovery services</li> <li>Reduced barriers to services</li> </ul>	<ul style="list-style-type: none"> <li># Providers utilizing recovery and resiliency framework in services</li> <li># Meaningful life activities</li> <li>Improved resilience indices – high emotional support and hope (BRFSS)</li> </ul>	
<p><b>System Improvements</b></p> <p><i>How do we strengthen our systems to be nimble, accessible and adaptable to deliver the best outcomes possible?</i></p>	<ul style="list-style-type: none"> <li>Increased provider education and training opportunities, workforce retention &amp; expanded workforce</li> <li>Increased cultural diversity of workforce and providers</li> <li>Reduced disproportionate representation in the criminal justice and emergency department systems and hospitalizations</li> <li>Increased geographic availability of services</li> <li>Increased accessibility of services &amp; treatment on demand</li> <li>Increased use of evidence-based practices and assessment tools</li> <li>Improved care coordination</li> <li>Improved quality of care</li> <li>Improved client experience</li> <li>Recovery-oriented system of care</li> <li>PCICBHP is funder of last resort</li> <li>Increased access to transportation services</li> </ul>	<ul style="list-style-type: none"> <li>TBD</li> </ul>	<ul style="list-style-type: none"> <li># Turnover, time to hire, new positions</li> <li># Disproportionality</li> <li># Culturally-diverse providers</li> <li># Services available by location/area</li> <li># Utilization of appropriate treatment resources</li> <li># Services available within one bus ride</li> <li># Client satisfaction rating</li> <li>Improved rate of connections to needed resources/services</li> <li># Using shared care plan/shared data</li> <li>\$ Leveraged</li> </ul>	<ul style="list-style-type: none"> <li>Community Access</li> <li>Care Coordination</li> <li>Workforce Development &amp; Training</li> <li>Coordinated Entry System</li> </ul>

Practices & Strategic Focus Areas	SAMPLE Program Outcomes (performance)	SAMPLE Individual Outcomes (population)	SAMPLE Measures & Indicators	POTENTIAL Funding Areas
Therapeutic Courts	<ul style="list-style-type: none"> <li>Expanded therapeutic courts and delivery services</li> <li>Increased Veterans services and drug programs</li> </ul>	<ul style="list-style-type: none"> <li>Increased law enforcement and correction programs for individuals with mental health and reoccurring challenges</li> </ul>	<ul style="list-style-type: none"> <li>TBD</li> </ul>	<ul style="list-style-type: none"> <li>Adult Drug Court</li> <li>Regional Mental Health &amp; Veterans' Court</li> <li>Family Treatment Court</li> <li>Juvenile Drug Court</li> </ul>