

Pierce Countywide Opioid Summit



February 2nd, 2018

University of Washington, Tacoma

Recommendations



Expansion of Existing Practice

- Stronger understanding of current prevention, intervention and treatment services and systems
- Better continuity of behavioral health care between jail release and outside systems
- Request that the Pierce County Medical Examiner list with specificity the drugs that cause opioid-related deaths to aid investigations
- Support and enhance evidence-based school and afterschool programs
- Increase current public awareness campaigns to youth related to substance use and abuse
- Enhance current educational awareness/outreach campaigns to parents and affected community members regarding substance use and treatment resources
- Increase access to medication-assisted treatment (MAT) in clinical, community-based, and criminal justice settings
- Provide trauma and stigma reduction training to clinic workforce and patients
- Increase access to Naloxone (overdose reversal medication) in clinical, community-based, and criminal justice settings
- Increase access to community-based care coordination and peer recovery supports through emergent Pathways Hub
- Expand clean syringe exchange

Recommendations



Need for more methadone clinics (public and private)

Expand Mobile Community Intervention Response Team (MCIRT) that provides treatment and community-based services as an alternative to jails and hospital emergency rooms.

Expand behavioral health treatment capacity across Pierce County

Develop an array of affordable housing options

Add substance use function to 211 mental health line

Make Countywide

Scale-up “TFD CARES” model for all Emergency Medical Service departments. (Community, Assistance, Referral, and Education Service)

Expand tele-medicine pilot throughout Pierce County

Expand use of therapeutic courts across all County jurisdictions

Recommendations



New Practice

Utilize peer/recovery coaches for youth that are using opioids and/or other drugs

Pilot evidence-based screening and referral program for substance use/abuse and behavioral health at a local high school

Deliver evidence-based programs in school districts and afterschool settings that address youth living with family members battling substance use disorders

Educate parents of young adult (18-24 yr old) users

Use of shareable data

Implement “Guidelines on Prescribing Opioids for Pain and Substance Use during Pregnancy” across clinical, community-based, and criminal justice settings

Advocate for opioid training in higher education, especially in health care workforce arenas

Develop mobile MAT capacity

Utilize mapping technology to provide consumers critical information (e.g., safe disposal sites, pharmacies that dispense naloxone & facilities that offer treatment)

Building of a capital facility for pre-arrest diversion program

