



As the designated Area Agency on Aging for Pierce County, Aging and Disability Resources (ADR) must develop and oversee long-term services and supports for older adults and adults with disabilities living in our communities. To develop the area plan, ADR initiated a survey to gather input from stakeholders in the community that was made available online, on paper and in person through June 2019.

SURVEY RESPONDENTS



932 community members responded to the survey.



63% are White or Caucasian. The next largest racial group was Asian (22%).



82% are 60+ years old, with the majority (35%) being between the ages of 65-74.



48% are living with a disability.



52% are low or limited income.



Nearly half (48%) live alone.



94% are heterosexual.



73% are females.

AGING IN PLACE

58%

Have no plan for finding or paying for services to meet their care needs as they age.

What ranked as the most common barriers to getting help?



Unsure of available services



Can't afford services



Don't know who to ask



What ranked as essential or very important to helping people age safely at home?



Information about community services

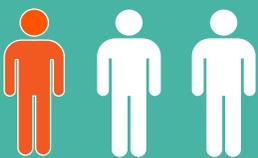


Help accessing services



Special transportation services

CAREGIVING



More than 1/3 report being an informal caregiver.



MORE ABOUT CAREGIVING

What do you need help with?



What are the most common caregiving tasks reported?



HEALTH AND WELLNESS

Exercise and brain health ranked as top wellness areas of interest.



Almost half (49%) of respondents do not participate in wellness programs. Why not?



23% of respondents reported not eating a healthy diet. The top 3 reasons include:



TOP NEEDS AND PRIORITIES

What are the top 3 needs for adults with disabilities?



What do older adults say are their top 3 needs?



If additional funds became available, where should it be invested to help older adults and adults with disabilities live safely at home?

