



2020-2023 Area Plan

PIERCE COUNTY HUMAN SERVICES
AGING AND DISABILITY RESOURCES

PUBLIC HEARING PRESENTATION
SEPTEMBER 17, 2019

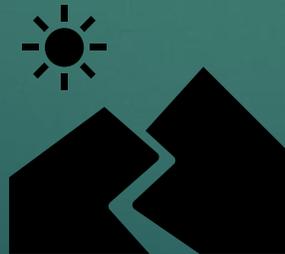
Aging & Disability Resources

❖ Mission

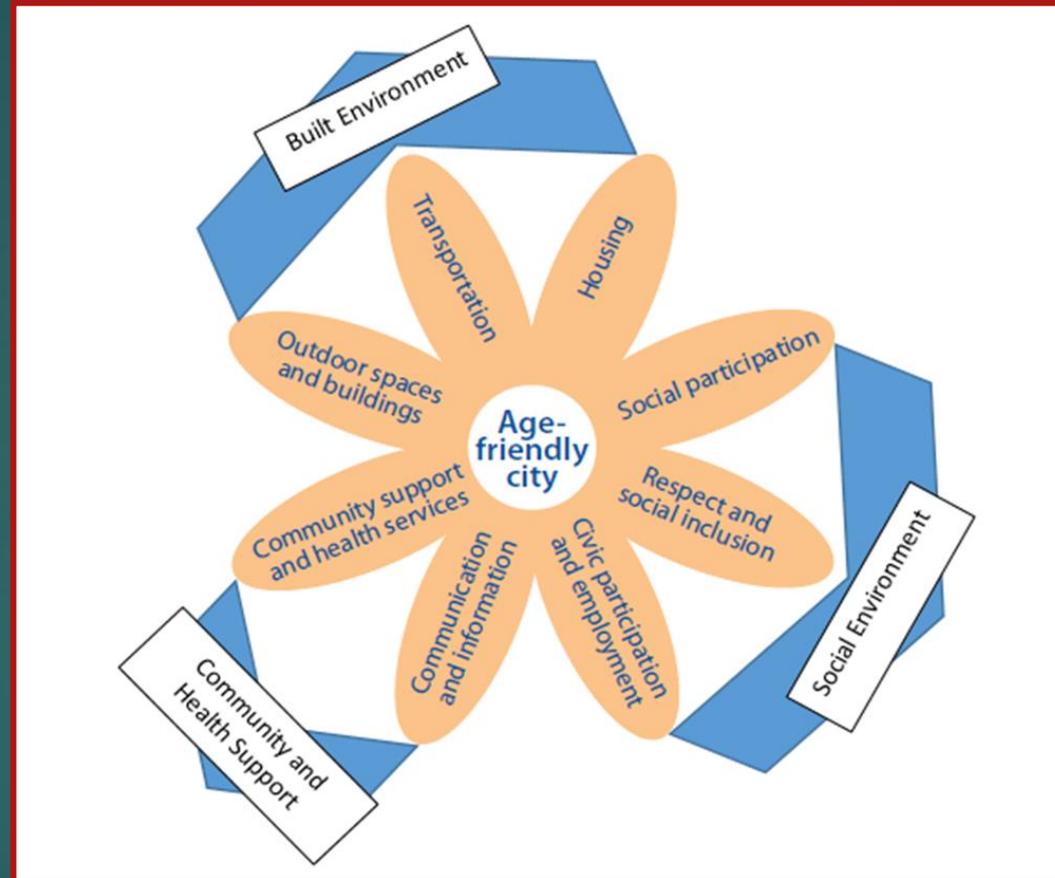
To ensure access to services and supports promoting community living for older adults, persons with disabilities and their caregivers

❖ Vision

A livable Pierce County for persons of all ages, abilities and communities



Age-Friendly Communities



Purpose of the Area Plan

What is the Plan about?

- ▶ Local needs and long term service gaps
- ▶ Community input on preferred services
- ▶ Funding priorities for long term services and supports
- ▶ Goals and objectives to improve the local long term services network
- ▶ Areas for focused advocacy
- ▶ Report on accomplishments



Community Input



Community Input

- ▶ ***Aging into the Future*** (PechaKucha) – March 23, 2019
 - ▶ **200+ community participants***
 - ▶ **Key themes & responses:**
 - ▶ **Built Environment:**
 - ▶ Housing - Universal design, ADA accessible, affordable
 - ▶ Transportation – Free / reduced cost public transit
 - ▶ **Long Term Conditions:**
 - ▶ Family caregiving
 - ▶ **Personal Wellness:**
 - ▶ Physical and emotional health
 - ▶ **Safety:**
 - ▶ Financial scams
 - ▶ **Economic Security:**
 - ▶ Support Services



Community
Forum

***SNAP SHOT:**

- 52% 60+ yrs old
- 49% suburban
- 14% rural
- 22% disabled
- 27% 60+ / not working
- 3% speak other than English

Community Input

▶ *Online, paper & in-person survey-*
June 2019

▶ **932 respondents***

▶ **Essential / Very Important Services:**

- ▶ Information
- ▶ Help to access
- ▶ Special transportation

▶ **Older Adults – Top 3 Needs:**

- ▶ Food
- ▶ Health Care
- ▶ Transportation

▶ **Adults with Disabilities – Top 3 Needs:**

- ▶ Food
- ▶ Health Care
- ▶ Housing

▶ **Informal / Family Caregivers – Top 3 Needs:**

- ▶ Information / Help to access
- ▶ Emotional support
- ▶ Help with caregiving tasks

▶ **Invest More:**

- ▶ Volunteer Transportation
- ▶ In-Home Personal Care
- ▶ Senior Meal Site Programs

***SNAP SHOT:**

- 82% 60+ yrs old
- 73% female
- 37% non-White
- 48% disabled
- 37% family caregivers
- 19% veterans
- 52% low income

**Community
Survey / Needs
Assessment**

Community Input

- ▶ **Case Management Focus Groups (3) – June 24 & 27, 2019**

- ▶ **23 ADR Direct Service staff***

- ▶ **Older Adults / Adults with Disabilities– Top 3 Needs:**

- ▶ Affordable Housing
 - ▶ Transportation
 - ▶ Mental Health Care

- ▶ **Informal / Family Caregivers – Top 3 Needs:**

- ▶ Respite
 - ▶ Support Groups
 - ▶ Counseling

- ▶ **Barriers to Access:**

- ▶ Knowledge of services / supports
 - ▶ Technology
 - ▶ Transportation

- ▶ **Invest More:**

- ▶ Transportation
 - ▶ Housing-related assistance
 - ▶ Culturally inclusive services



**Key Informant /
Stakeholder
Input**

***SNAP SHOT:**

- 8 General & Family Caregiver CMs
- 14 Medicaid CMs
- 6 Bilingual CMs

Community Input

- ▶ **LGBTQ Aging in Pierce County** Town Hall – March 17, 2018

- ▶ **52 participants***

- ▶ **Roundtables:**

- ▶ **Health, Wellness and Health Care**

- ▶ **Housing and Transportation**

- ▶ **Caregiving, Long-Term Care and Financial Planning**

- ▶ **Ethnic and Cultural Inclusivity**

- ▶ **Social Engagement**

***SNAP SHOT:**

- LGBTQ+ or Ally



**Key Informant /
Stakeholder
Input**

- ▶ **SAGE Table Conversations (3)** – Nov. 8, 2018, Feb. 19 & Jun. 25, 2019

- ▶ **22 participants* ave / event**

- ▶ **Themes:**

- ▶ **Isolation / Loneliness**

- ▶ **Activism**

- ▶ **50 Years of Stonewall**

Prioritizing Discretionary Funds

Criteria for Prioritizing

- **Does it reach the priority/target populations?**
 - **Low income**
 - **Physical or mental disabilities**
 - **Alzheimer's / dementia or other cognitive impairments**
 - **Limited English / language barriers**
 - **Homebound / isolated**
 - **Culturally or socially isolated**
 - **At risk of institutional placement**



Criteria for Prioritizing

➤ Does it meet a basic need?

- Food
- Shelter
- Physical / emotional health
- Safety
- Assistance with normal daily tasks



Criteria for Prioritizing

- **Does it also . . .**
 - **support a person's ability to remain at home as long as possible?**
 - **fill a service gap in the community?**
 - **help accomplish Area Plan Goals and Objectives?**
 - **promote healthy lifestyle choices?**
 - **help avoid use of higher cost services?**



Local Service Priorities

Level One	Level Two	Level Three
<ol style="list-style-type: none">1. Aging & Disability Resource Center (ADRC), including Community Living Program2. Case Management3. Family Caregiver Support4. Home Delivered Meals5. Senior Mealsites6. Transportation7. Falls Prevention8. LGBTQ Services	<ol style="list-style-type: none">1. Footcare Services2. Counseling Services3. Adult Day Health	<ol style="list-style-type: none">1. Legal Aid Services2. Evidence-based dementia intervention3. Kinship Caregiver Support4. LTC Ombudsman

2020-2023 Goals & Objectives

Overview

- ▶ **Central Themes:**
 - ▶ **Healthy Aging**
 - ▶ **Delaying Entry into Medicaid Services**
 - ▶ **Person-Centered Home & Community Based Services**
 - ▶ **Tribal Sovereignty – Services for Older Native Americans**
- ▶ **Must Address:**
 - ▶ **Outreach / engagement to target populations**
 - ▶ **Supports for family caregivers**
 - ▶ **Evidence based programming**
 - ▶ **Person-centered practices & program development**
 - ▶ **Tribal engagement & service planning**

Local Priority Issue Areas

<p>Built Environment*</p> <ul style="list-style-type: none">• Transportation• Housing	<p>Community & Health Support*</p> <ul style="list-style-type: none">• Information & Access• Nutrition• Health Promotion• Emotional Support / Mental Health• Other Caregiver Supports
<p>Social Environment*</p> <ul style="list-style-type: none">• Diversity / Equity / Inclusion	<p>Older Native Americans</p> <ul style="list-style-type: none">• Tribal Engagement / Service Planning

*Age-Friendly
Communities
Domains
(WHO)

2018-2019 Progress

Activities & Accomplishments

Issue Area	Primary Focus	2018-19 Highlights
Long Term Services & Supports (LTSS)	<ul style="list-style-type: none">• Medicaid Case Management• Person-centered care• Medicaid LTSS contracts• Medicaid Transformation Demonstration (MTD)	<ul style="list-style-type: none">• Added language-specific Case Management capacity (Korean, Russian)• Added MTD Case Management staff
Delay of Medicaid LTSS	<ul style="list-style-type: none">• ADRC / Community Living Connections• Person-centered Options Counseling• Family Caregiver Supports• Alzheimer's / Dementia Supports• Evidence-based Health Promotion• MTD Medicaid Alternative Care (MAC) / Targeted Supports for Older Adults (TSOA)	<ul style="list-style-type: none">• Launched major Family Caregiver outreach campaign• Added ADRC / Family Caregiver Support language / cultural capacity (Korean, Cambodian)• Expanded evidence-based falls prevention programs

Activities & Accomplishments

Issue Area	Primary Focus	2018-19 Highlights
Service Integration & Systems Coordination	<ul style="list-style-type: none"> • Health Home Care Coordination Services • Statewide health system transformation • MTD Initiatives 	<ul style="list-style-type: none"> • Became a Health Home Lead for Pierce County • Participated in Pierce County Accountable Community of Health meetings
Older Native Americans	<ul style="list-style-type: none"> • Puyallup Tribe of Indians coordination • Information / resource sharing • State-mandated 7.01 Plan 	<ul style="list-style-type: none"> • Attended State sponsored AAA/Tribal Summits • Participated in Pierce Co. Government-to-Government training • Continued outreach to the Puyallup Tribe Elder & Vulnerable Adult Services program
Livable Communities	<ul style="list-style-type: none"> • Transportation access • Food security • Affordable / accessible housing • MTD Supportive Housing 	<ul style="list-style-type: none"> • Increased investment in transportation services • Implemented home delivered meals expansion project • Coordinated with Pierce Co. Homeless Coalition and Coordinated Entry System • Expanded access to minor home repair services

2020 Proposed Budget

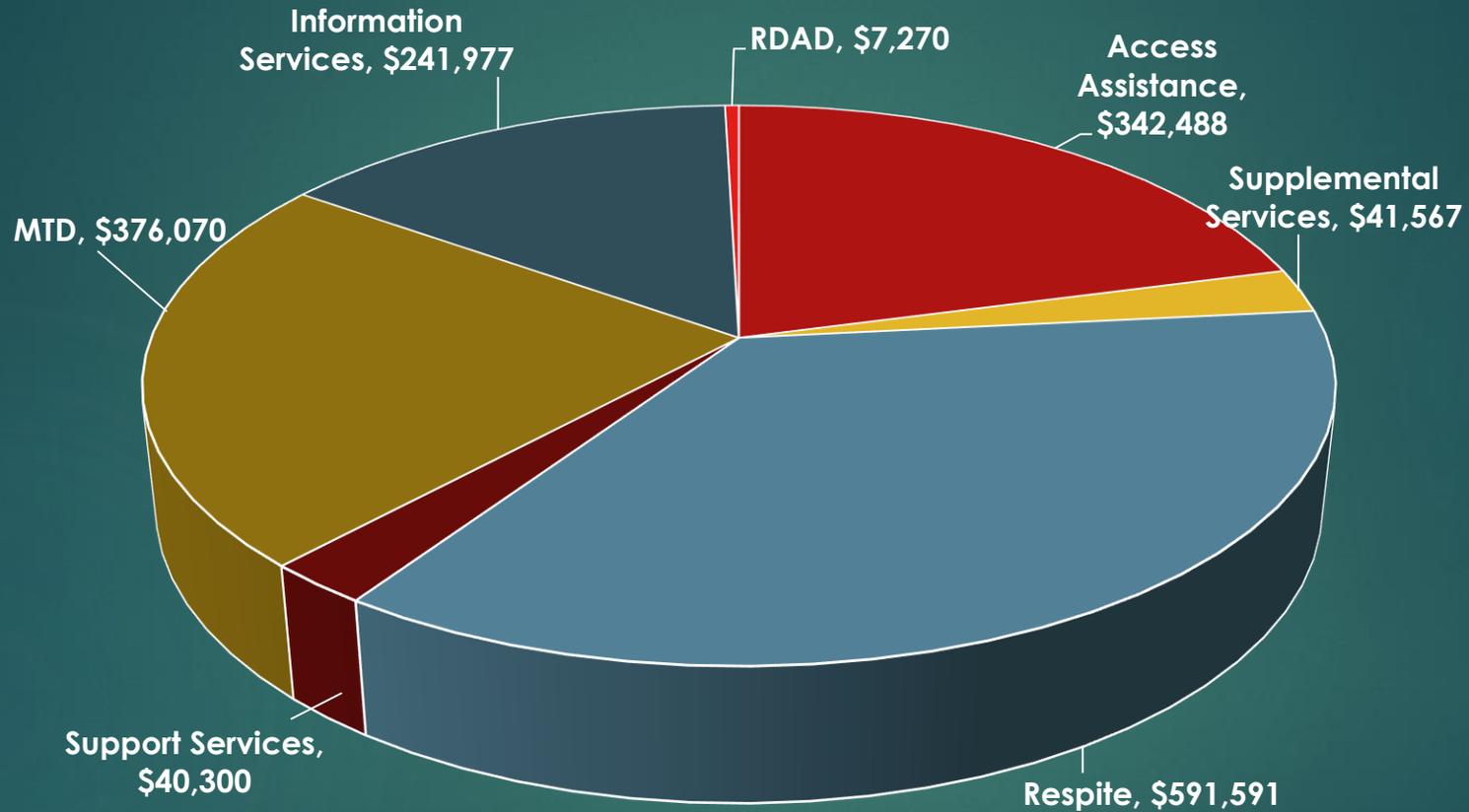
2020 Fiscal Considerations

- ▶ **Federal Sequestration** – with signing of the Bipartisan Budget Act of 2019, continued threat of strict automatic spending caps for non-defense, discretionary programs - including the Older Americans' Act - expires; modest increases are anticipated for Fiscal Year 2020
- ▶ **Medicaid Transformation Demonstration** – projected increase in Federal demonstration funds received due to anticipated growth in the MTD caseload
- ▶ **Medicaid Caseload Growth** – projected increase in Medicaid funds to address anticipated growth in the Medicaid LTSS client caseload
- ▶ **Health Home Care Coordination** – projected increase due to caseload growth
- ▶ **State Revenues** – received one-percent increase in State funds for AAA Case Management for State Fiscal Year 2020, and continued funding for the expansion of home delivered meals

2020 Projected Revenues

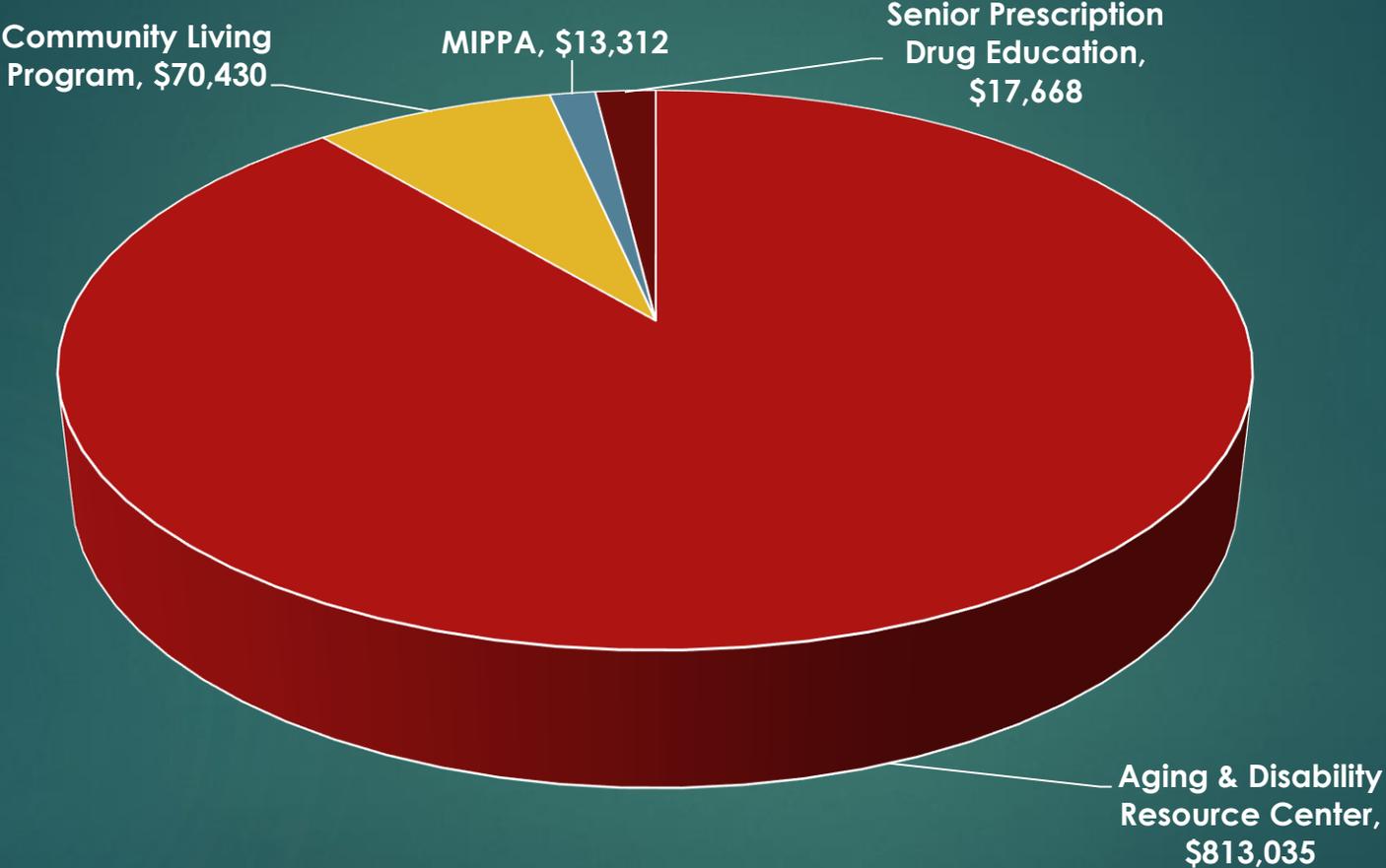
TOTAL Revenues	2019 Total Revenue (includes carry-over & transfers)	2020 Projected Revenue	Net Change
Subtotal - DISCRETIONARY	\$3,198,567	\$2,935,944	(\$263,623)
Subtotal – NON-DISCRETIONARY	\$16,150,428	\$17,446,327	\$1,295,899
GRAND TOTAL	\$19,348,995	\$20,382,271	\$1,033,276

2020 Family Caregiver Support



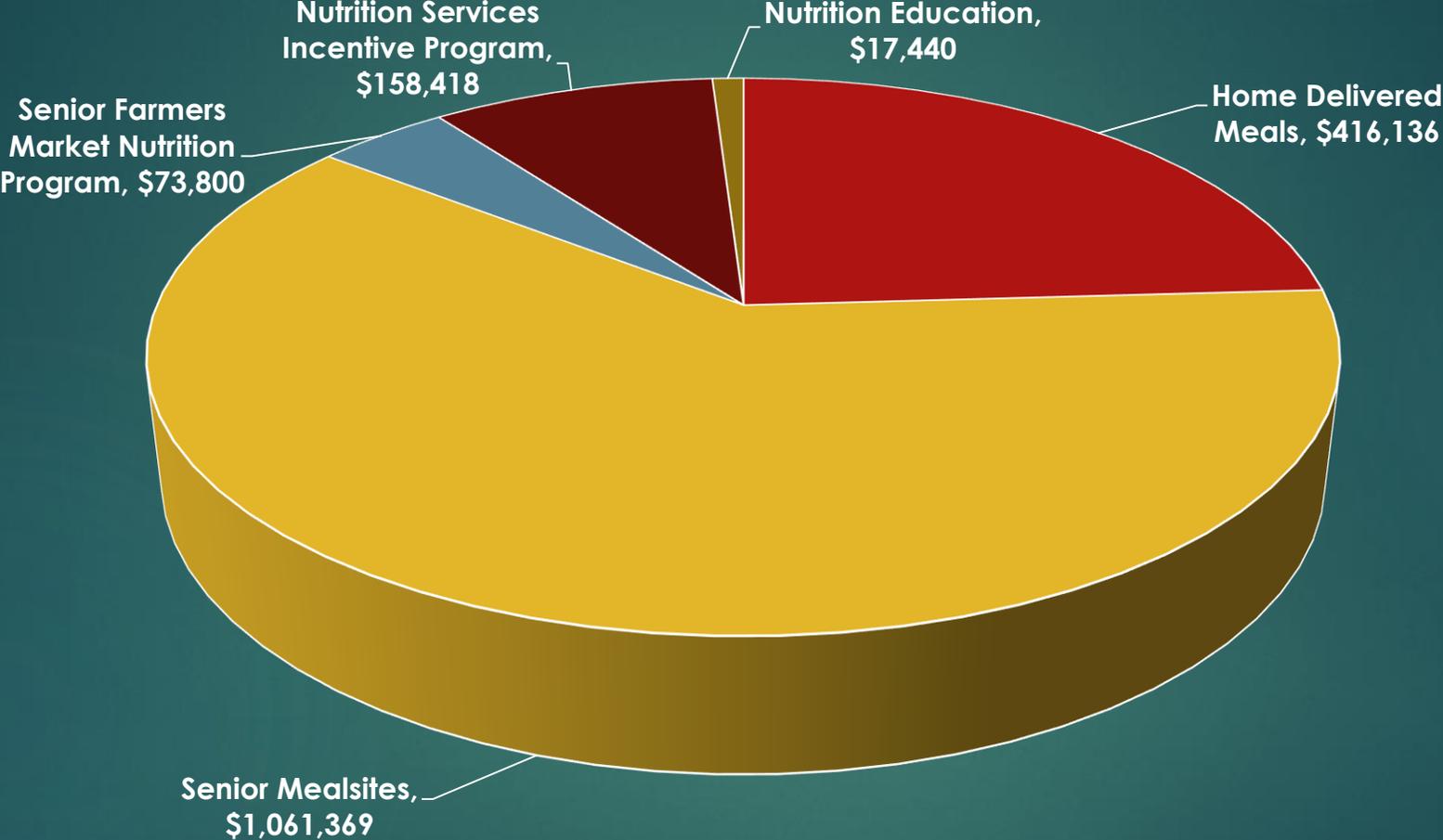
Est: 8,000 persons to be served

2020 Aging & Disability Resource Center



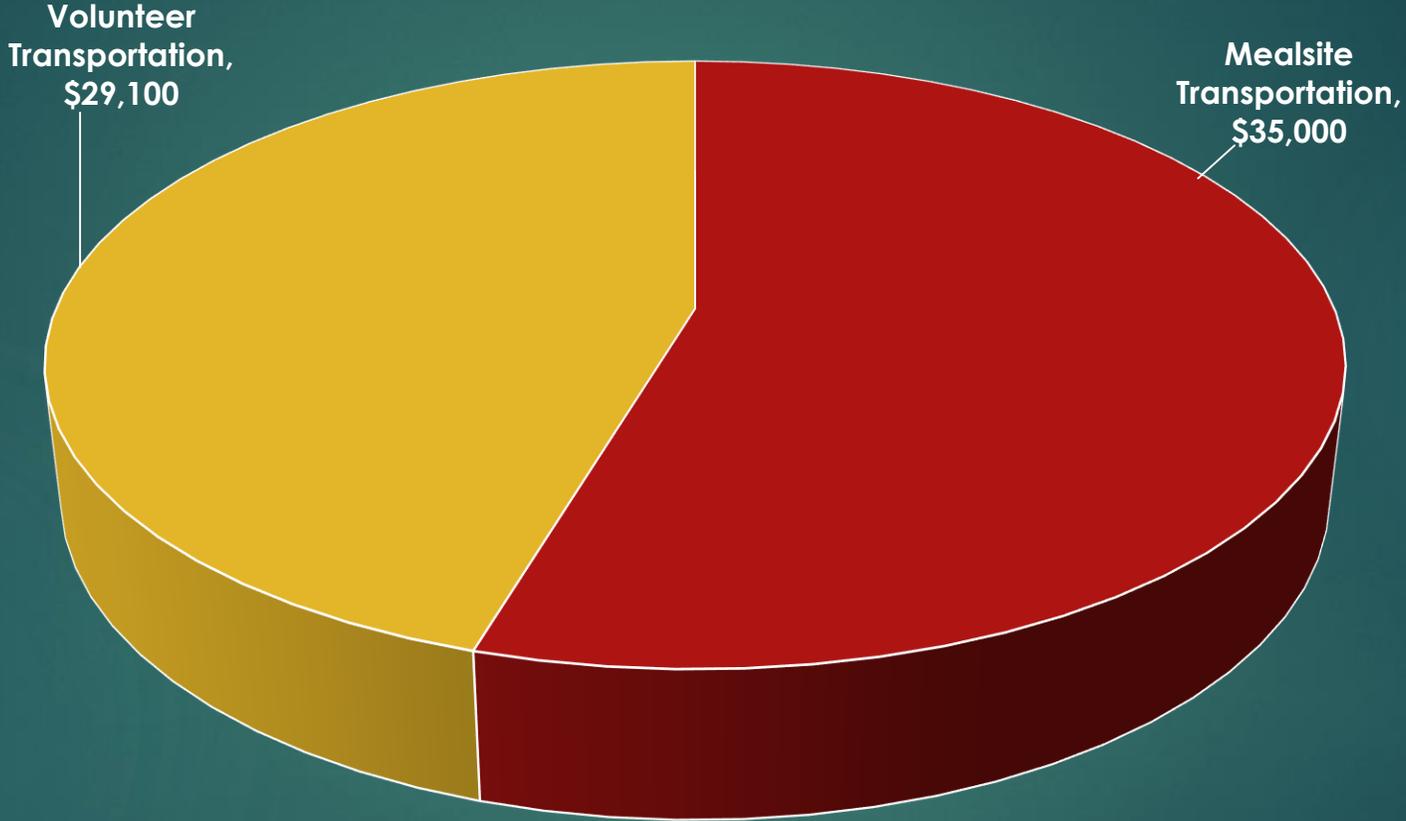
Est: 19,130 persons to be served

2020 Senior Nutrition Programs



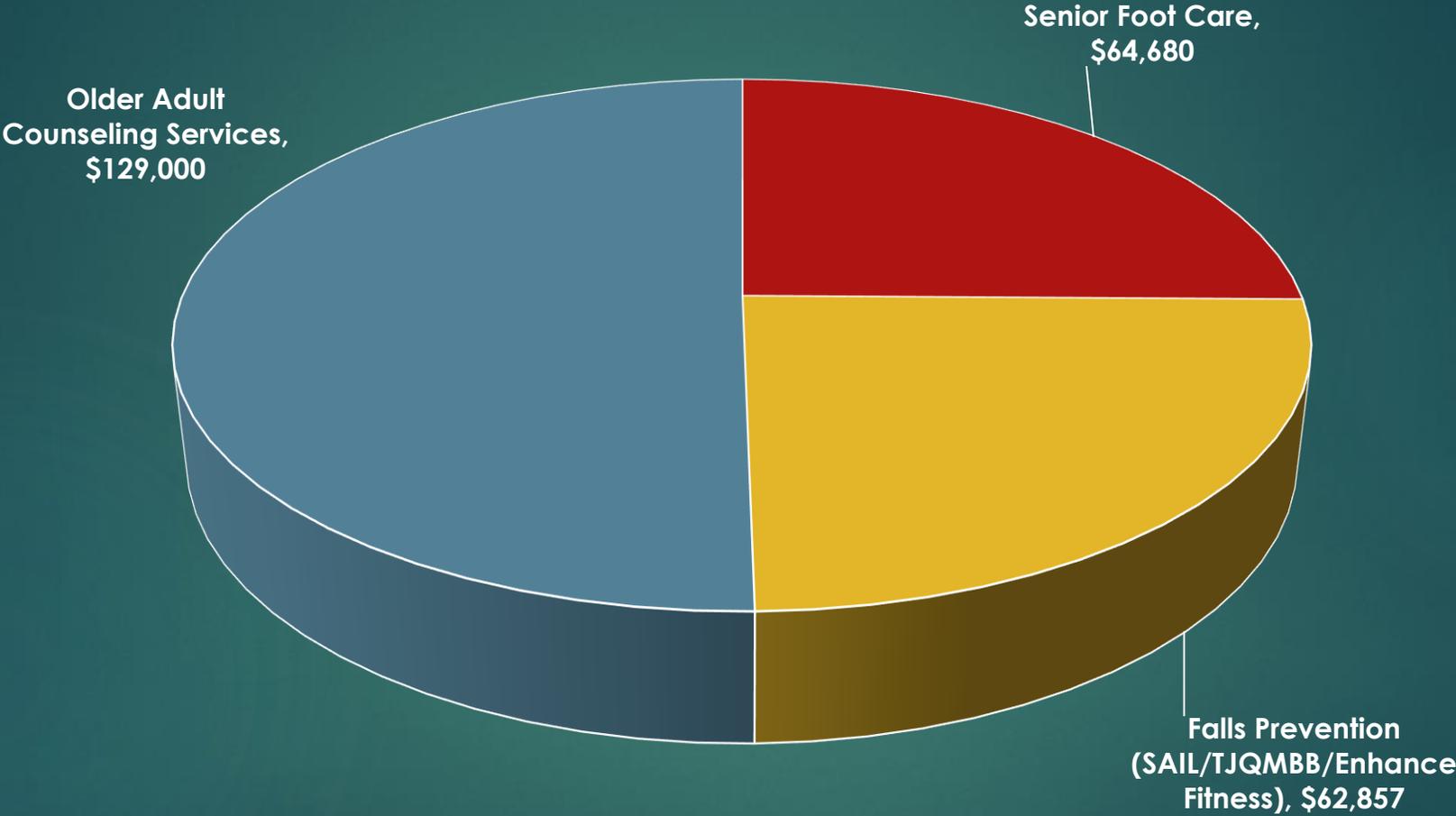
Est: 7,100 persons to be served

2020 Transportation Programs



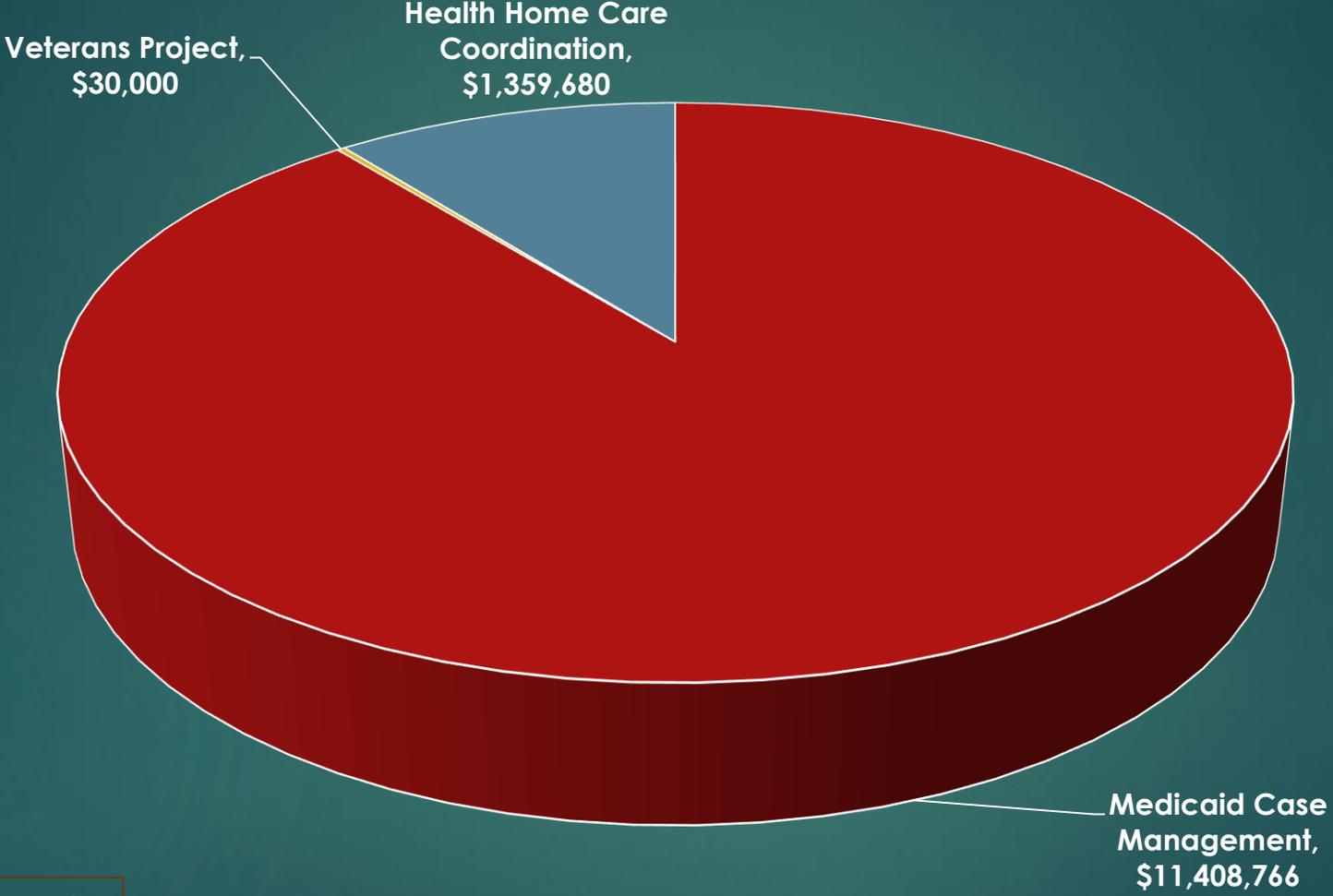
Est: 180 persons to be served

2020 Health Promotion/Disease Prevention



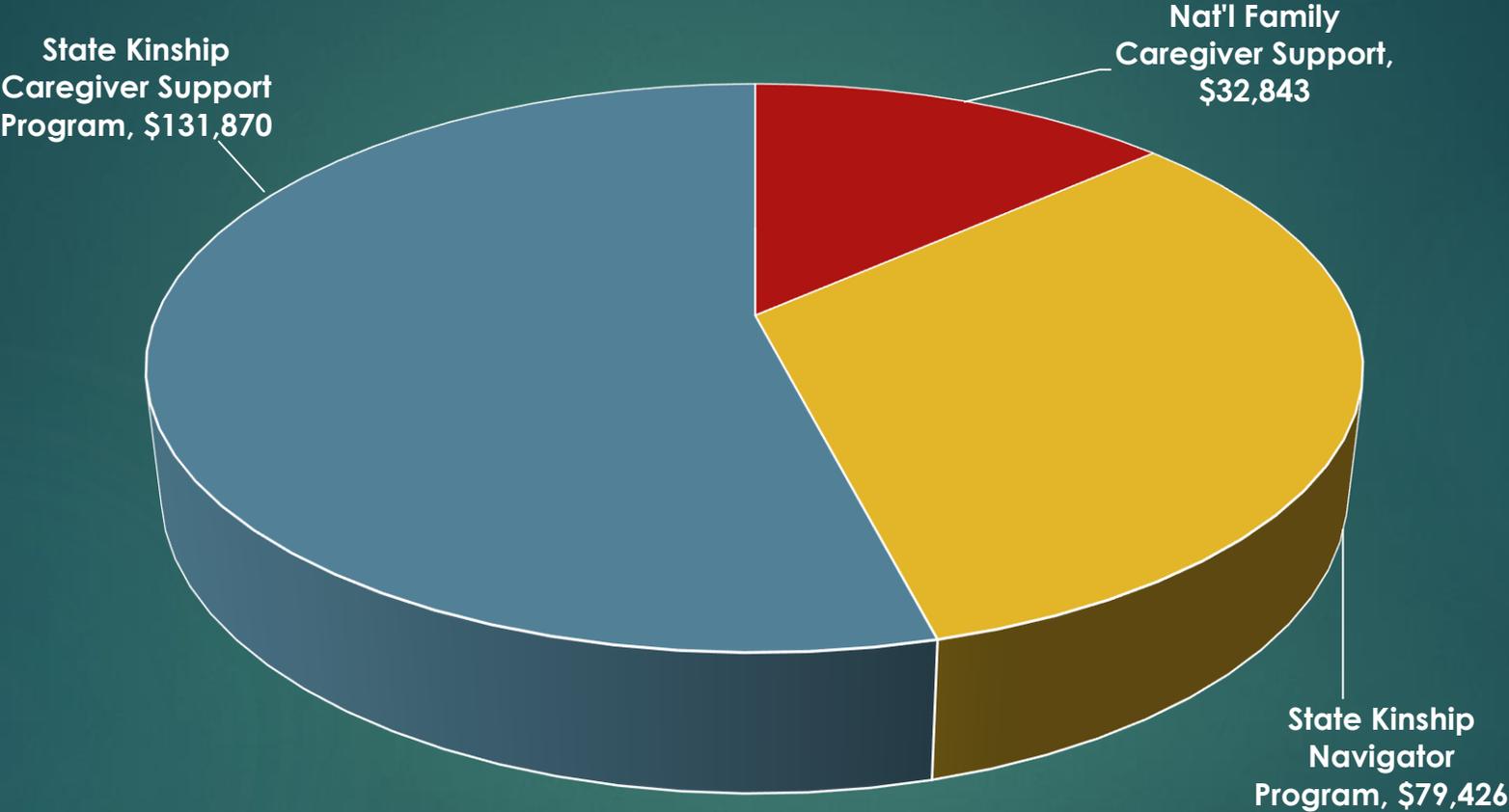
Est: 765 persons to be served

2020 Case Management & Nursing Services



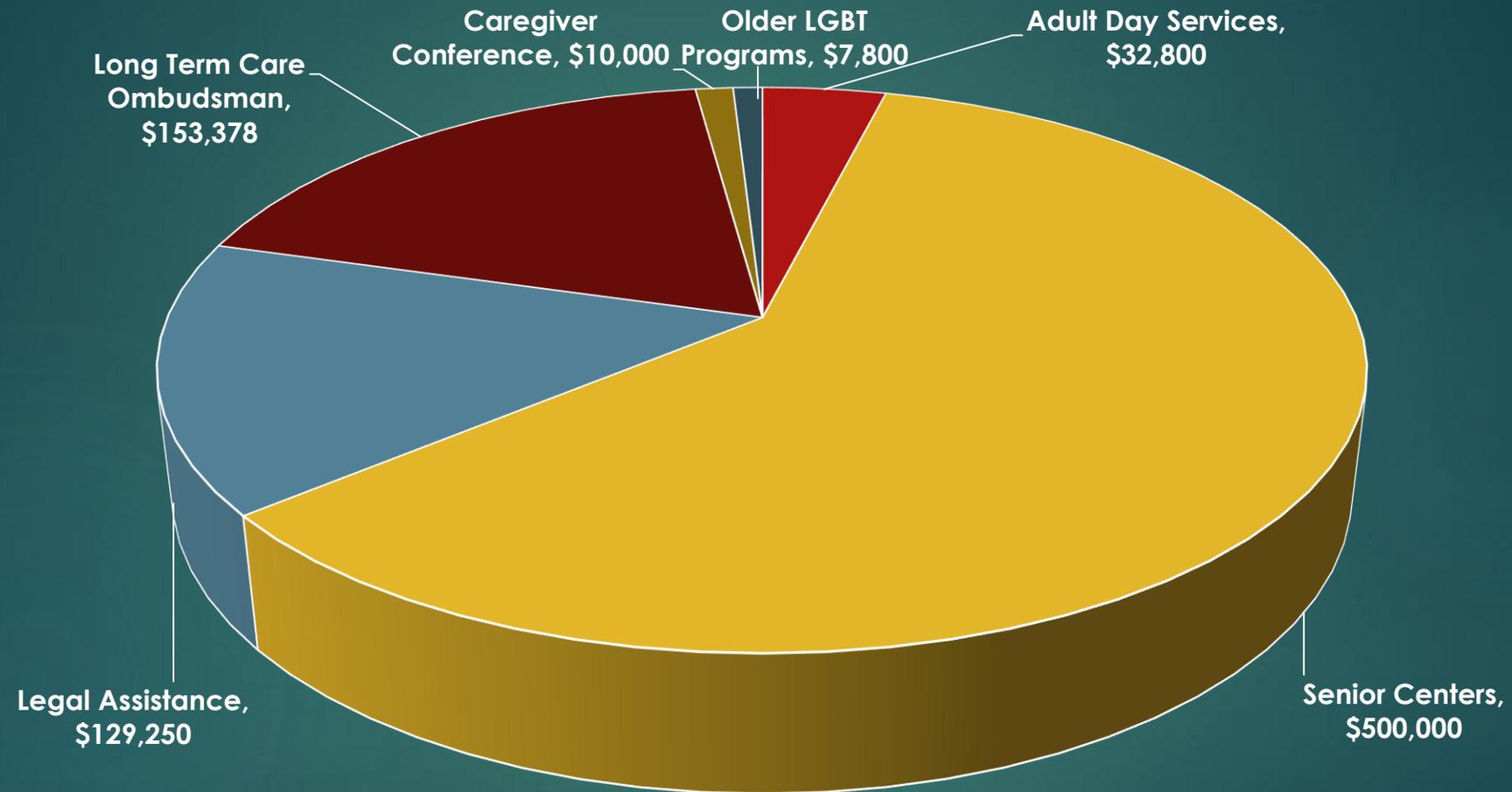
Est: 7,560 persons to be served

2020 Kinship Caregiver Support



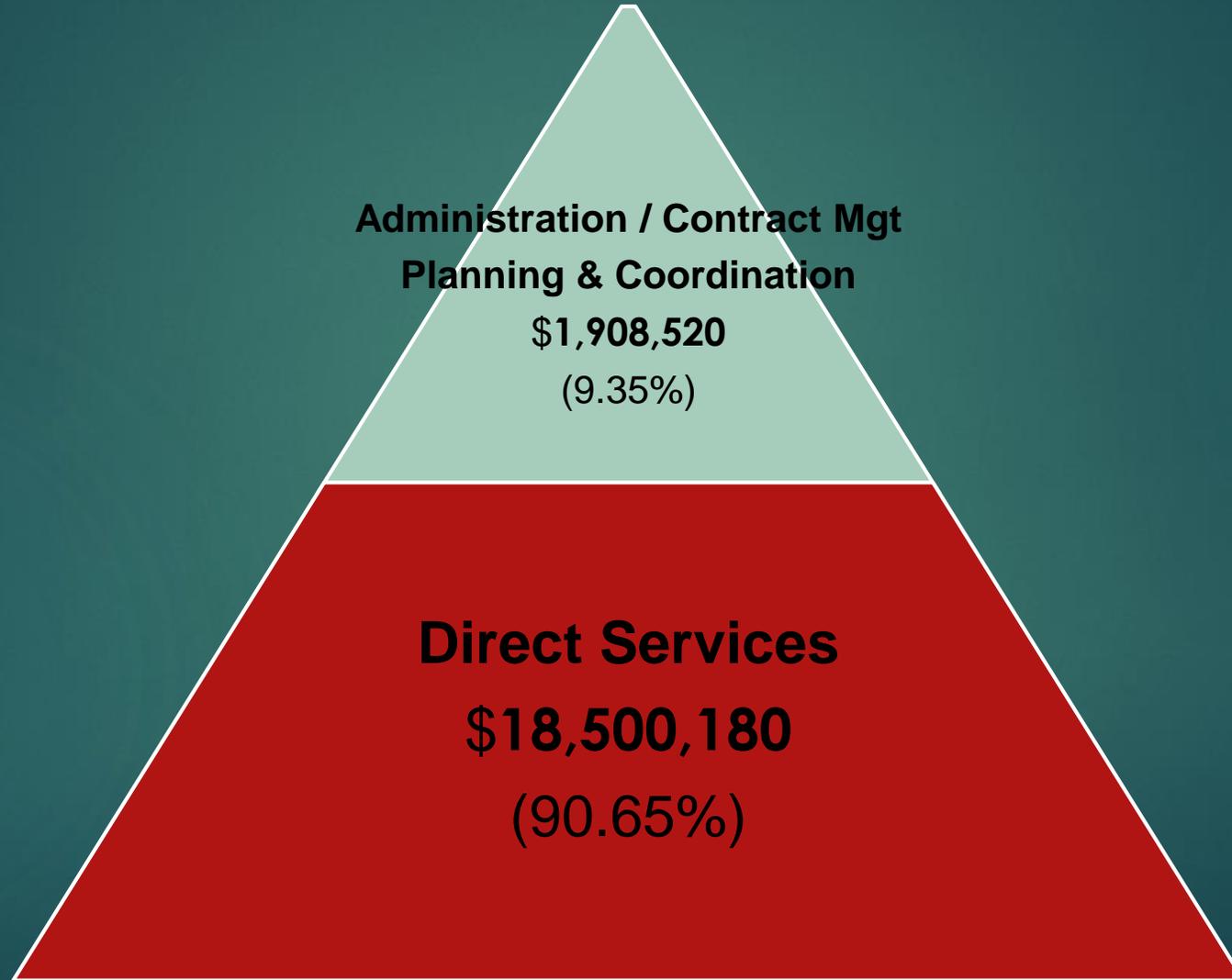
Est: 805 persons to be served

2020 Other Services



Est: 5,560 persons to be served

2020 Total Proposed Budget



Public Comment

Questions to Consider:

- ▶ Does the Area Plan address the most critical issues impacting Pierce County?
- ▶ Has ADR made the right decisions about funding of programs / services?
- ▶ Should ADR consider any other collaborative partnerships to help us meet Area Plan goals?
- ▶ Do you have any other recommendations?



Thank you!



Written Comments due by Sept. 16, 2019

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