



Top 10 Dementia-Friendly Online Activities



Benjamin Surmi

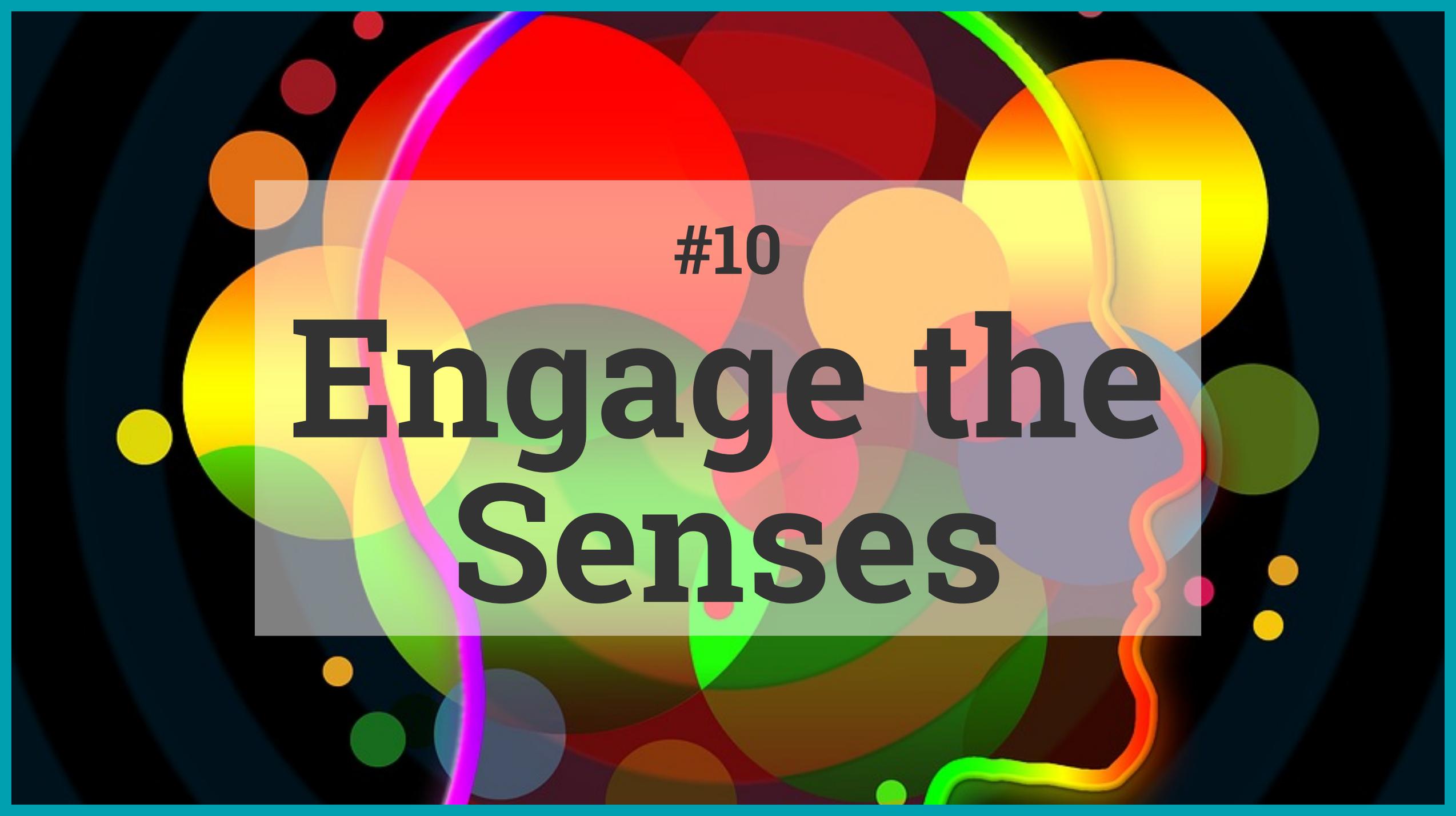
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The background is a vibrant, abstract composition of overlapping circles and wavy lines in various colors including red, orange, yellow, green, and purple. The circles vary in size and opacity, creating a layered effect. The overall color palette is bright and saturated, set against a dark, almost black, background. The text is centered within a semi-transparent white rectangular box.

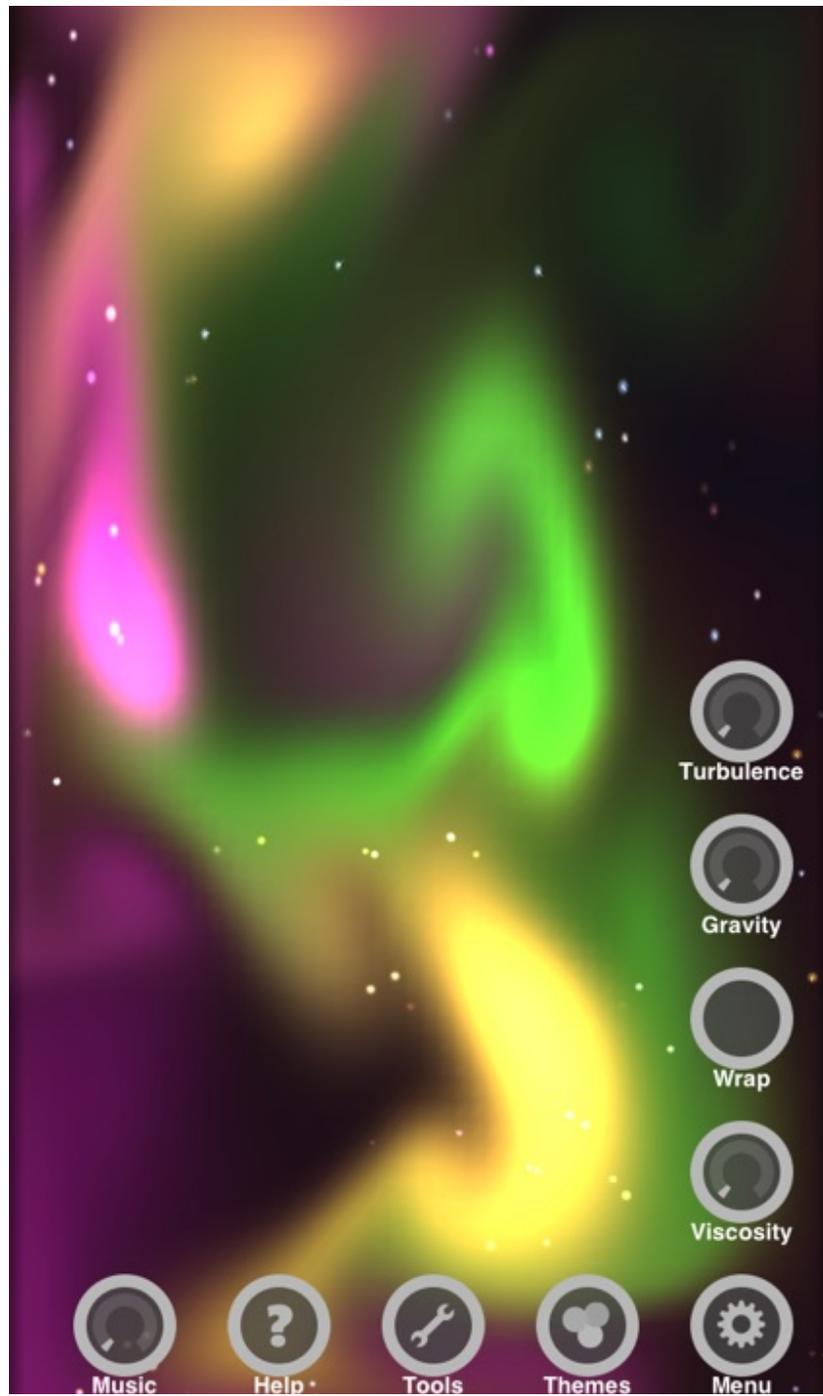
#10

Engage the Senses

Summary of apps (continued)

Name of app	Cost	Description	Progression of dementia	Type of device
Flow Free	free	Puzzle game: connect same coloured pipes, levels from easy to complex.	Mild Mod	A/I
Bubble Xplode	free	Pop bubbles via their linked colour groups.	Mild Mod	A/I
Rail Maze 2	free	Train puzzles focussed on planning & spatial awareness skills.	All	A/I
Simon Says	free	Classic memory game: user first watches buttons light up in sequence, then repeats the sequence in the same order. The sequence grows longer with each completed level.	Mild Mod	A/I
Tablet Journal	cost	All in one diary & planner to capture & organise personal information for day to day activities.	Mild Mod	A/I
Bloom	cost	Create patterns & unique melodies by tapping & touching the screen. A generative music player takes over	All	I

dropophone





A close-up photograph of a white ceramic mug filled with dark coffee. The mug is set against a dark, blurred background. The text '#9' is printed in white, bold font over the coffee. Below the coffee, the words 'WHAT', 'GOOD SHALL', 'I DO THIS', and 'DAY' are visible on the side of the mug, suggesting a religious or motivational message.

#9

Volunteer

Need someone to talk to?



Welcome to 7 Cups

7 Cups connects you to caring listeners for free emotional support

Grow at Your Own Pace

More **self help guides** & growth for proven tips and advice on how to feel better

Free 24/7 Chat

Be heard by volunteer listeners and chat with others who understand in support chat rooms

Affordable Online Therapy

Confidential online therapy counseling with licensed therapists \$150 per month

Get Started >

Chemo Angels

Support for People with Cancer

[Application](#)

[Volunteer Application](#)

[Senior Angels](#)

[Angel's Corner](#)

[Help Desk](#)

[Patient R](#)

Apply as a Chemo Angels volunteer

Discover a new world of birding...

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[Get started](#)





The image shows a grand, ornate theater stage. The stage is framed by two tall, golden columns with intricate carvings. Above the columns are large, winged statues. The stage is covered with a vibrant red curtain. The ceiling is dark with golden accents and a chandelier. The overall atmosphere is one of classic elegance and grandeur.

#8

Experience Opera



The Guardian: Opera singers in care homes: 'They bring so much energy and it's so powerful for everyone.' Photograph: www.whitespace-brand.co.uk

The Metropolitan Opera

Nightly Opera Stream: *Il Trovatore*

WATCH NOW

The Met's series of free opera streams continues with Verdi's *Il Trovatore*, starring Anna Netrebko, Dolora Zajick, Yonghoon Lee, and Dmitri Hvorostovsky. The stream is also available through the Met Opera on Demand apps for Apple, Amazon, and Roku devices and Samsung Smart TV. This performance will be





#7

Watch & Discuss



Meet Me at the Movies at Home

1 WATCH: Annie - The Sun Will Come Out Tomorrow

DISCUSS: Daddy Warbucks, Fighting for Hope

2 WATCH: Oklahoma - Oh, What a Beautiful Morning

DISCUSS: Farming, Ranching, Curly

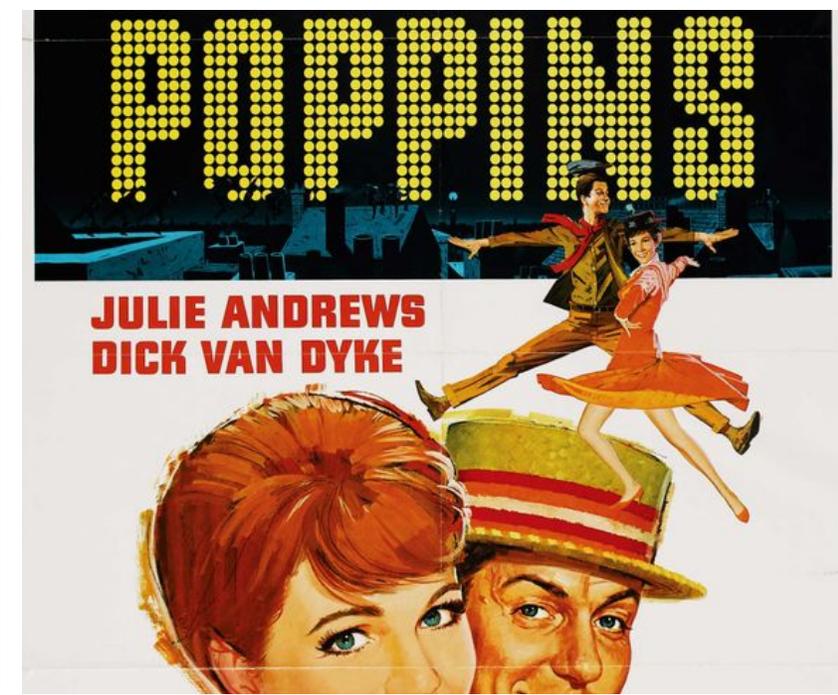
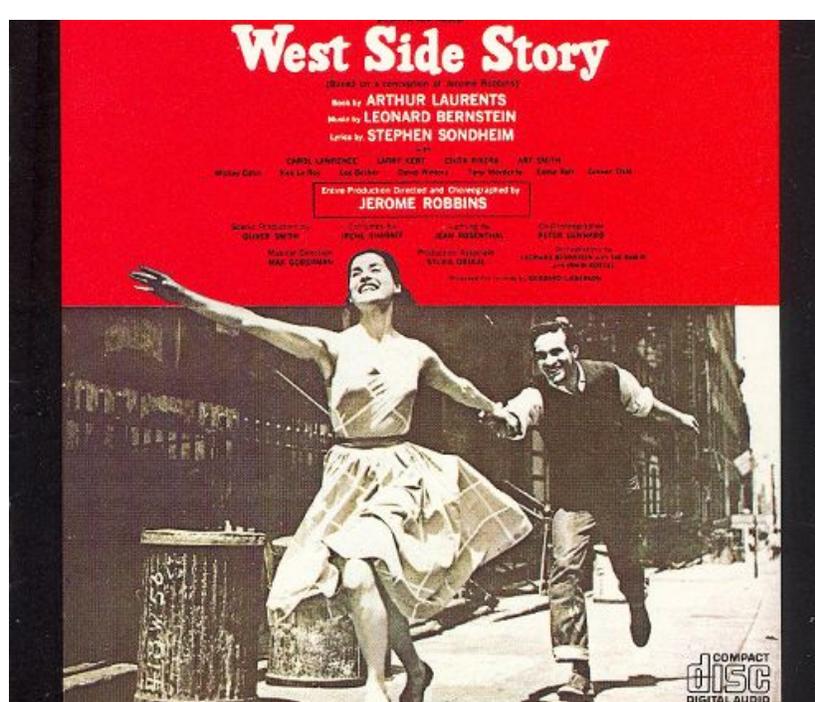
3 WATCH: The Wizard of Oz - Follow the Yellow Brick Road

DISCUSS: The Wicked Witch of the West, Characters



#6

Play Games





Sounds

**Theme
Song**

Jingles

Singers

Places

Things

#5

Ask Beautiful Questions



ASK A BEAUTIFUL QUESTION

INSPIRE SOMEONE TO THINK A LITTLE DIFFERENTLY - WITH NO RIGHT OR WRONG ANSWERS.



How do you make a stranger feel welcome to your community?



What do you endure?



When do you feel truly at home?



#4

Talk with Old Friends



Tips for Video Chat

1 Show Pictures with Screen Share

2 Tell Stories

3 Give a Tour

4 Ask Good Questions

5 Interview

6 Read

7 Pray

A vintage Remington typewriter is shown from a front-three-quarter perspective. The machine is dark-colored with brass accents on the keys and carriage. The brand name "Remington" is printed in gold on the top cover. A semi-transparent grey rectangular box is overlaid on the center of the image, containing the text "#3 Create Stories Together".

Remington

#3

**Create Stories
Together**

MAKE UP A STORY

OUR CLASSIC CREATIVE STORYTELLING - YOU CAN SAY ANYTHING.



An aerial view of a city skyline, likely New York City, seen through a circular lens. The lens is framed by a dark, textured border. The city is densely packed with buildings of various heights and colors, with a prominent skyscraper on the left. The sky is overcast and hazy. The text "#2" is positioned above the main title.

#2

Explore the World

An aerial photograph of a rugged mountain landscape. The terrain is dominated by large, light-colored granite rock formations with various textures and cracks. Patches of green vegetation, including trees and shrubs, are scattered across the rocky slopes. The sky is a clear, pale blue. The overall scene is a vast, natural wilderness.

Virtual Yosemite Tour

EXPLORE THE PARK LIKE NEVER BEFORE >

1000

1500

1700

1800

1850

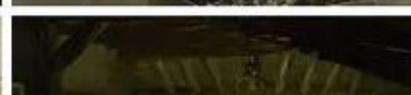
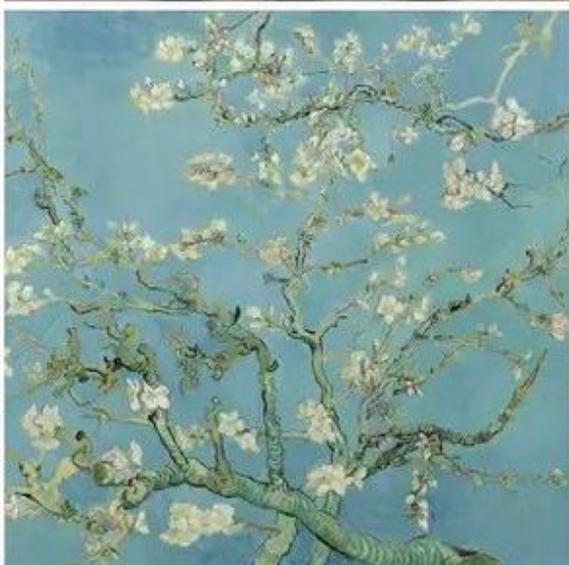
1900

1920

1940

1960

1980



Collections

All

A-Z

Map



Musée d'Orsay, Paris
Paris, France



MoMA

MoMA The Museum of
Modern Art
New York, United States



Van Gogh Museum
Amsterdam, Netherlands



Uffizi Gallery
Florence, Italy



National Gallery of Art,
Washington DC
Washington, DC, United States



Ilvedere



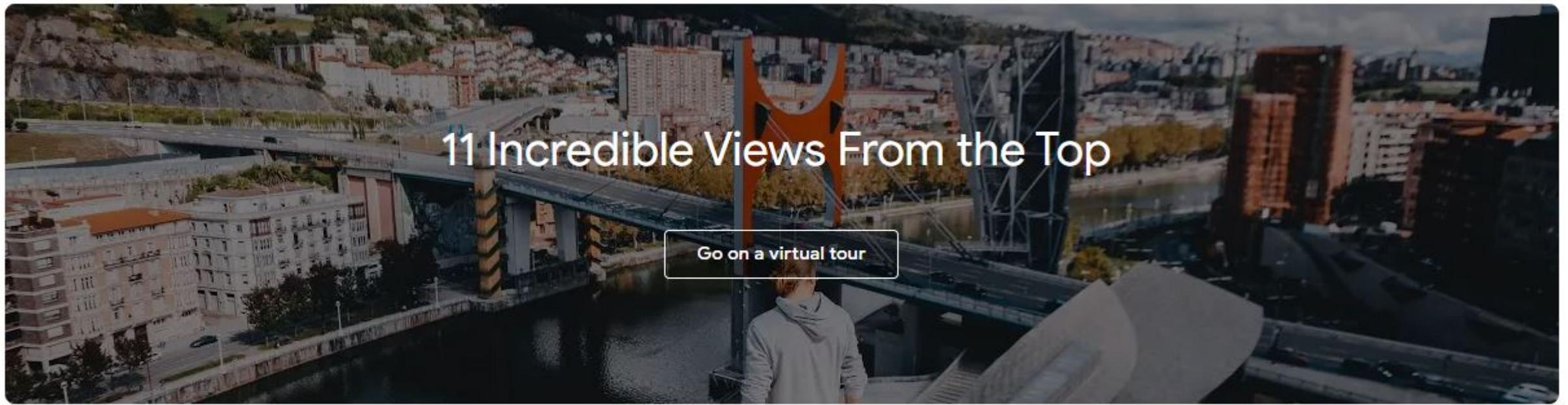
RIJKS MUSEUM



MUSEO SOROLLA

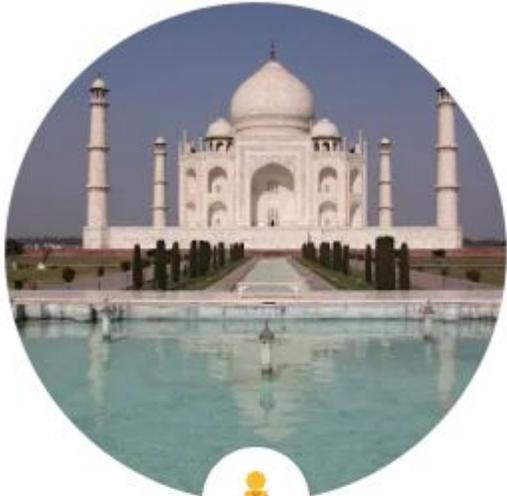


25 EL OLMEDO



11 Incredible Views From the Top

Go on a virtual tour



EXPLORE

Taj Mahal

Agra, India



EXPLORE

Palace of Versailles

Versailles, France



EXPLORE

Great Pyramid of Giza

El Giza, Egypt



EXPLORE

Colosseum

Rome, Italy



Explore in Virtual Reality

Experience culture in 360° degrees

See for yourself



VIRTUAL EXPLORER

Queen Victoria's Durbar Room in 360°

See the Indian-inspired details from every angle



VIRTUAL EXPLORER

Bruegel: A Fall with the Rebel Angels

All the crazy details, explained



VIRTUAL EXPLORER

The Elbphilharmonie Hamburg in 360°

A virtual, symphonic experience



LIVE

NOW WATCHING

210 VIEWERS

INFORMATION

explains.org



#1

Cue Familiar Memories



sweets heritage happy



THE SLIDESHOC

About

Simple

Advanced

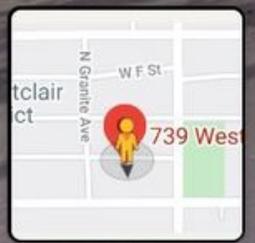
Cool searches

Social / Feedback

Just enter a query below and press **Enter!**

DIAPOL
AUTOMAT

739 W E St
Ontario, California
Google
Street View



Navigation controls including a compass, zoom in (+) and zoom out (-) buttons, and left and right arrow buttons for panning.



Search



z Clips - Life in 1950's

Media For Elders - 1 / 6



-  **America In 1957. What A T**
David Hoffman
7:38
-  **Growing up in the 1950s**
19king14 Film2Video Memor
2:36
-  **50 Incredible Vintage Phot**
America during the 1950s
Yesterday Today
8:36
-  **50 Incredible Vintage Phot**
America during the 1950s
Yesterday Today
8:23
-  **Mid Century Home life -- T**
King Rose Archives
10:33
-  **1950s**
Commercials
1950s Commercials and V
Commercials
RetroYard
10:30



Creedence Clearwater Revival: Who'll Stop the Rain [Lyrics]

1960's -70's Classic Rock w Lyrics

Media For Elders - 1 / 4



- Creedence Clearwater Revival: Who'll Stop the Rain [Lyrics]**
John Arvid
- 2
Van Morrison- Brown Eyed Girl Lyrics
Onlinegcncheats
- 3
Monday, Monday THE MAMAS & THE PAPAS (with lyrics)
sunryse111
- 4
Three Dog Night Joy To The World
3spiritoftruth

Artist™ Royalty Free Music
New Music By Real Artists Ad
Daily. Find Your Perfect Song!

Ad artlist.io

VISIT SITE [🔗](#)



◀ Prev



Next ▶



BONUS
Fitness



“Beat the Virus”

Home Program for Isolated Older Adults

Physical isolation can be devastating to older adults, especially those in independent living, memory care or independent living communities due to extensive isolation. This program is a simple program using a kitchen counter to slow functional decline and should be done **daily**. Note that to reverse trends in falls and disease progression, more challenging standing exercise is necessary (e.g., using a chair).

We've also created a [downloadable PDF 1-sheet](#) outlining the program to help you fight back against the virus!

Download Program (PDF)



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