

The Power of Play

How a single play activity can strengthen development in multiple areas



Fine Motor Skills

Manipulating and stacking blocks of varying size and shape.



Gross Motor Skills

Walking across a row of blocks like a balance beam, tossing blocks into a nearby container.



Cognitive Skills

Organizing different towers by block color or shape, counting the number of blocks in each tower, and problem solving.



Communication Skills

Collaborating with other students to make a tower or building out of blocks.



Social-Emotional Skills

Learning to share, take turns, and make a calm transition to cleanup time.

